Suggested usage: 1 softgel per day or as directed by a health professional. Keep out of the reach of children.

Easy-to-swallow softgels contain unbleached whole legithin, the natural phospholipid fraction of the soybean. Lecithin's primary active components are phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol, Used by the vital organs, lecithin is found concentrated in the brain, liver and kidneys. Its emulsifying property helps the body break down dietary fat.\* Use of soysourced lecithin is an excellent way to increase the dietary intake of polyunsaturated fat without increasing the intake of saturated fat and cholesterol.

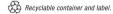
Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness. store in a cool, dry place.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA Manufactured by Natural Factors Canada Distributed by NATURAL FACTORS 14224 167th Avenue SE Monroe, WA 98272





LOT & EXPIRY 1.3125" x .25" Single Line





## Unbleached Lecithin

1200 mg

180 Softgels

HELPS THE BODY EMULSIFY DIETARY FAT & ABSORB FAT SOLUBLE VITAMINS\*

## **Supplement Facts**

Sarving Size 1 Softge

	<b>Amount Per Serving</b>	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%‡
Unbleached Lecithin (soy)	1200 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water).

