

Suggested Usage: Take 4 capsules daily, preferably in divided doses, with food.

Microcrystalline Hydroxyapatite (MCHA) is a compound that normally makes up the crystalline matrix of bone and teeth and is the substance that gives them their rigidity.* MCHA contains highly absorbable Calcium and Phosphorus, which are the major mineral components of bone.* NOW® Bone Strength™ is a comprehensive bone support product with MCHA.* It also provides Magnesium and other important minerals, as well as Vitamins C, D, and K to aid in the synthesis and maintenance of bone tissue.* NOW® Microcrystalline Hydroxyapatite (MCHA) is derived exclusively from Australian cattle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, soy, milk, egg or fish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.
Natural color variation may occur in this product.

CODE 1228B V10



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CAPSULE SIZE



Bone Strength™

Supports Bone Health*

- MCHA for Bone & Teeth Strength*
- With Vitamins and Minerals for Comprehensive Support*

120 Capsules
A Dietary Supplement

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 4 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Protein (from MCHA and Amino Acid Chelates)	1 g	2%*
Vitamin C (from Magnesium Ascorbate)	133 mg	222%
Vitamin D-3 (as Cholecalciferol)	667 IU	167%
Vitamin K-2 (as Menaquinone-4) (MK-4)	67 mcg	84%
Thiamin (Vitamin B-1) (from Thiamin HCl)	3 mg	200%
Calcium (from MCHA)	667 mg	67%
Phosphorus (from MCHA)	287 mg	29%
Magnesium (from Magnesium Oxide and Ascorbate)	400 mg	100%
Zinc (from Zinc Amino Acid Chelate)	7 mg	47%
Copper (from Copper Amino Acid Chelate)	0.7 mg	35%
Manganese (from Manganese Amino Acid Chelate)	2 mg	100%
Horsetail Herb (<i>Equisetum arvense</i>) (Aerial Parts)	67 mg	†
Boron (from Boron Amino Acid Chelate)	467 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source), Silica, Glucosamine Potassium Sulfate Complex, Stearic Acid (vegetable source) and Cellulose.

Contains shellfish (crab, shrimp, lobster, crayfish).

NOW FOODS, 395 S. Glen Ellyn Rd.
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MCHA = Microcrystalline Hydroxyapatite

