

Suggested Usage: Take 2 softgels 1 to 2 times daily with food.

Emerging research demonstrates that gamma-Tocopherol, the most abundant form of Vitamin E in the diet, has very important and unique functions.* Central to these functions is its capacity to detoxify reactive nitrogen species, an especially destructive form of free radical.* In addition, gamma-Tocopherol acts to trap and remove free radicals from the body in a way that alpha-Tocopherol cannot.* NOW® Advanced Gamma E Complex provides the full range of Vitamin E protection because it has a more natural balance of Tocopherols plus a full complement of Tocotrienols.* NOW's "Advanced" formula thereby provides superior support for cardiovascular health, as well as protection for the health of the prostate and the colon.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur in this product.

CODE 0810 V5



SOFTGEL SIZE



Advanced Gamma E Complex

Antioxidant Protection*

Mixed Tocopherols
& Tocotrienols
60 Softgels
A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (as d-alpha Tocopherol)	450 IU	1500%
Total Tocopherols	600 mg	†
Gamma-Tocopherol	200 mg	†
Tocomin® Mixed Tocotrienol Complex	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob) and Rice Bran Oil. Contains soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product also has the following naturally occurring Mixed Tocopherols and Mixed Tocotrienols:
delta-Tocopherol, beta-Tocopherol, gamma-Tocotrienol, alpha-Tocotrienol, delta-Tocotrienol, beta-Tocotrienol
Tocomin® is a registered trademark of Carotech Inc.

