# **ULTIMATE HYBRID INTRA-WORKOUT** AMINO ACID & CREATINE FORMULA

Gaspari Nutrition takes Sports Nutrition to the highest level with SizeOn® - the Ultimate Hybrid Intra-Workout Amino Acid & Creatine Formula. The original SizeOn became known as the "King of Creatines" and by utilizing the latest advances in clinical research, this award winning formula is better then ever!

SizeOn contains high quality whey hydrolysate, which is proven by clinical research to absorb even faster than free-form amino acids. SizeOn also boasts a premium creatine formula, high-performance carbohydrates, a high dose of L-Leucine (4 g), and many more anabolic-promoting ingredients.

SizeOn brings these carefully selected ingredients together for unparalleled increases in athletic performance, skeletal muscle recovery, explosiveness and most notably, immediate increases in muscle size WHILE YOU ARE STILL TRAINING.†

#### **JUST THE FACTS**

INCREASES POWER AND STRENGTH\* EXPLOSIVE MASS GAINS & MUSCLE VOLUME\*\*

LOADED WITH ELECTROLYTES\*

FULL MONTH SUPPLY\*

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Made in the USA from domestic and international ingredients. Developed and exclusively manufactured for Gaspari Nutrition, Inc., 575 Prospect St. Suite 301 Takewood NJ 08701 USA 1.732.364.3777 GASPARINUTRITION.COM



NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION, THIS PRODUCT IS NOT INTENDED TO DIAGNOSE TREAT CLIRE OR PREVENT ANY DISEASE.

STRENGTH†\*

**MAXIMUM PERFORMANCE** 

**FULL MONTH** 

SUPPLY

**POWERFUL** 

CREATINE

BLEND

CYCLIC DEXTRIN

INFUSED CARBOHYDRAT MATRIX

LEUCINE ENRICHED WHEY HYDRO

### GRAPE COOLER

NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 3.59 LBS. (1632 G)



# Supplement Facts

Serving Size 1 Scoop (68 g) Servings Per Container 24

Amount Per Serving %		Daily Value‡	
Calories	190		
Calories from fat	0		
Total Fat	0 g	0%	
Cholesterol	15 mg	5%	
Total Carbohydrate	40 g	13%	
Dietary Fiber	0 g	0%	
Sugars (from Trehalose and Dextrose)	39 g	**	
Protein	7 g	14%	
Vitamin C (as ascorbic acid)	60 mg	100%	
Thiamin (as thiamin hydrochloride)	10 mg	667%	
Riboflavin (as riboflavin-5-phosphate)	7.6 mg	447%	
Niacin (as niacinamide)	50 mg	250%	
Folate (as folic acid)	200 mcg	50%	
Vitamin B12 (as methylcobalamin)	75 mcg	1250%	
Pantothenic Acid (as d-calcium pantothenate)	9 mg	92%	
Calcium	51 mg	5%	
Phosphorus	65 mg	7%	
Magnesium	45 mg	11%	
Sodium	235 mg	10%	
SIZEON BLEND	63 g		
CARBOHYDRATE ENERGY MATRIX Trehalose, Dextrose, Cyclic Dextrin, Pterostilbene	2007	**	
PROTEIN SYNTHESIS ACCELERATION MATRIX Whey Protein Hydrolysate, L-Leucine (4 g), L-Isoleu	ıcine, L-Valine	**	
PHOSPHODRIVE ENDURANCE COMPLEX Creapure® (Creatine Monohydrate), Creatine Magna (Magnesium Creatine Chelate), Disodium Creatine P	aPower® Phosphate	**	
OSMODRIVE ADVANCED HYDRATION COMPLEX L-Taurine, Sodium Glycerophosphate, Calcium Glycerophosphate, Potassium Glycerophosphate, Sa (L-Alanyl-L-Glutamine), Magnesium Glycyl Glutamir		*:	
‡Percent Daily Values are based on a 2,000 calorie of ** Daily Value not established.	liet.		

OTHER INGREDIENTS: Malic Acid, Citric Acid, Silica, Natural and Artificial Flavors, Salt, FD&C Red #40 Lake, Acesulfame Potassium, Sucralose, FD&C Blue #1 Lake

ALLERGEN WARNING: Contains Milk & Soy

**DIRECTIONS AND USE** TAKE DURING TRAINING LIQUID PER SCOOP



### SHAKER CUP OR WATER BOTTLE

On training days mix one scoop in 20-30 ounces cold water and sip throughout your workout. Should the need arise, add more water as necessary throughout your workout for proper hydration.

WARNING: Seek the advice of a health care practitioner before use. Not suggested for use in children under the age of 18 or in people who have been diagnosed with hypertension, kidney diabetes, neoplastic condition such as cancer or thalassemia. Do not use if pregnant or nursing FOR STATE OF CALIFORNIA RESIDENTS ONLY (California Proposition 65). This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

KEEP OUT OF REACH OF CHILDREN. NOTE Do not store in direct sunlight, store in a cool dry place \*When combined with a proper exercise and

## /////Creapure®

Creapure is a registered trademark of AlzChem
Trostberg GmbH, covered by US patent 5,719,319 Creatine MagnaPower is a registered trademark of

Albion Laboratories, Inc., covered by U.S. Patent Magnesium Glycyl Glutamine covered by U.S. Patent

5.888,553 and patents pending.



Sustamine™ is a registered trademark of KYOWA HAKKO BIO Co., Ltd.