JUST THE FACTS

ENHANCES POST EXERCISE MUSCLE RECOVERY

SUPPORTS HEALTHY AND STRONG BONES!

MAXIMIZES EXTREME SPORTS PERFORMANCE"

SUPPORTS CARDTOVASCULAR HEALTH" FORMULATED WITH CERTIFIED CHELATED MINERALS"







WARNING: Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any known or suspected medical conditions(s) and/or are taking any prescription or OTC medication(s).

FOR STATE OF CALIFORNIA RESIDENTS ONLY: (California Proposition 65). This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

*When combined with a proper exercise and nutrition program.

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†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



RECOVERY** | BONE HEALTH** | CARDIOVASCULAR HEALTH** | ENDURANCE**

SPORT MULTI-VITAMIN & AMINO ACID COMPLEX

HIGH POTENCY A R-COMPLEX C. D. E

3200MG RETA ALANINE PER 2 SERVINGS PER 2 SERVINGS

2000MG CARNITTINE

GOLD MEDALLION CERTIFIED CHELATED MINERALS

POWERFUL ANTI-OXIDANT SUPPORT

180 TABLETS DIETARY SUPPLEMENT



Supplement Facts

Serving Size 3 Tablets Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as calcium ascorbate)	250 mg	417%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2 (as menaquinone-4)	45 mcg	56%
Vitamin B1 (as thiamine mononitrate)	15 mg	1000%
Vitamin B2 (as riboflavin)	20 mg	1176%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxal 5-phosphate)	10 mg	500%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	250 mcg	4167%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as Calci-K® calcium potassium phosphate-citrate)	121 mg	12%
Phosphorus (as Calci-K [®] calcium potassium phosphate-citrate)	58 mg	6%
lodine (from Kelp)	75 mcg	50%
Magnesium (as Albion® magnesium aspartate)	200 mg	50%
Zinc (as TRAACS® zinc glycinate chelate [‡])	15 mg	100%
Selenium (as Albion® selenium amino acid complex)	35 mcg	50%
Copper (as TRAACS® copper glycinate chelate*)	1 mg	50%
Manganese (as TRAACS® manganese glycinate chelate [‡])	1 mg	50%
Chromium (as TRAACS® chromium nicotinate glycinate chelatet)	60 mcg	50%
Molybdenum (as TRAACS® molybdenum glycinate chelate [‡])	4 mcg	5%
Potassium (as Calci-K® calcium potassium phosphate-citrate)	100 mg	3%
Beta-Alanine (as Carnosyn®)	1600 mg	
Carnitine-Tartrate (as Carnipure")	1000 mg	**
Boron (as Albion® bororganic glycine‡)	25 mcg	

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Polyvinyl Alcohol. Titanium Dioxide, Polyethylene Glycol, Talc, Copovidone, Magnesium Stearate, Silica, Hyroxypropyl Cellulose ALLERGEN WARNING: Contains none. Made in a facility that processes soy, milk, egg, fish and wheat ingredients.

SUGGESTED USE: As a dietary supplement for men, consume 1 serving (3 tablets) up to twice daily with food.*

WITH MEALS | PRE | DURING | POST | BETWEEN MEALS