

Vitamin B12 helps convert carbohydrates, fats and proteins into energy.* B12 is essential for the production of red blood cells, which help to deliver oxygen to the body.* Vitamin B12 is vital for vegan diets.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

NO YEAST OR WHEAT

YES CERTIFIED VEGAN BY THE AVA

NO SOY, SALT OR MILK

YES RECYCLABLE PACKAGING

NO PRESERVATIVES

YES MANUFACTURING SUPPORTS WIND POWER

NO ARTIFICIAL FLAVOR

YES KOSHER PARVE

NO ARTIFICIAL COLOR

This product has been manufactured at a GMP Registered facility.
Lot No:

Best by:

03K14NL



Dietary
Supplement

60 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country[®]
Life**

ACTIVE B12 DIBENCOZIDE

with Folic Acid
3000 mcg

Certified Gluten-Free

► Supports energy*

Directions: Adults place one (1) lozenge daily under tongue 30 seconds before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving		% Daily Value
Folic Acid	200 mcg	50%
Vitamin B12 (as coenzyme B12) (dibenzozide)	3,000 mcg	50,000%

Other Ingredients: Sorbitol, stearic acid, cellulose, silica, magnesium stearate.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

**Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.**

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6242