

**USAGE:** Take 1 capsule per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Jarrow Formulas® Milk Thistle** (*Silybum marianum*) 30:1 extract is standardized to contain 80% **total Milk Thistle seed flavonoids**, including the important **Silymarin** fractions isosilybinins A and B, silybinins A and B, silychristin and silydianin.

This particular group of flavonoids, collectively known as Silymarin, supports liver function by raising protective glutathione levels.\*

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
F O R M U L A S

# Milk Thistle

Standardized  
Silymarin Extract 30:1

Supports Liver Function\*

**150**  
MILLIGRAMS

**100**  
VEGGIE CAPS

DIETARY

SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

|                                                                                      | Amount Per Serving | % DV |
|--------------------------------------------------------------------------------------|--------------------|------|
| Milk Thistle Seed 30:1 Extract<br>( <i>Silybum marianum</i> ) (80% total flavonoids) | 150 mg             | *    |

\* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.



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science is our nature®

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