

Charcoal is commonly used as a digestive aid due to its absorption qualities.** In the digestive tract, Charcoal can provide some intestinal comfort by absorbing gas produced from a meal.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	RECYCLABLE PACKAGING	NO	SOY OR MILK
YES	MANUFACTURING SUPPORTS WIND POWER	NO	SALT OR SUGAR
		NO	PRESERVATIVES
		NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.
Lot No:

Best by:



ESTABLISHED
— 1971 —

Country[®]
Life

• NATURAL •

ACTIVATED CHARCOAL

260 mg (4 gr.)

Certified Gluten-Free

- Digestive aid**
- Promotes absorption of intestinal gas**

Dietary
Supplement

40 Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Do not exceed twelve (12) capsules daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 20

Amount Per Serving	% Daily Value
Activated Charcoal	520 mg *

* Daily Value not established.

Other Ingredients: Gelatin (capsule shell), magnesium stearate.
100% bovine gelatin, BSE-free

CAUTION: Do not give to infants or children. Not for use by pregnant or nursing women, or those with variegate porphyria. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com • Product No. 3491
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