

Chromium appears to be involved in carbohydrate, fat, and protein metabolism.** This product promotes healthy blood sugar levels already within a normal range.** Vitamin B6 helps convert carbohydrates, fats and proteins into energy.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	CERTIFIED VEGETARIAN BY THE AVA	NO	SOY, MILK OR SALT
YES	RECYCLABLE PACKAGING	NO	SUGAR OR PRESERVATIVES
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	KOSHER-PARVE	NO	MAGNESIUM STEARATE
		NO	GMOs

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.



Dietary Supplement **200** Vegetarian Capsules

ESTABLISHED
— 1971 —
**Country[®]
Life**

CHROMIUM PICOLINATE

Biologically Active Chromium
Certified Gluten-Free

- Metabolizes carbs, fats, and proteins**
- Includes Vitamin B6 for energy metabolism**

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Chromium (from 1.7 mg chromium picolinate)	200 mcg	167%
L-Leucine	18 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica. **CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. Do not use if you have gastric or duodenal ulcers. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.** Chromax[®] chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

chromax[®]

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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