

Chromium appears to be involved in carbohydrate, fat, and protein metabolism.** This product promotes healthy blood sugar levels already within a normal range.** Vitamin B6 helps convert carbohydrates, fats and proteins into energy.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER-PARVE

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

Lot No:

Best by:

This product
has been
manufactured
at a GMP
Registered
facility.

ESTABLISHED
— 1971 —
**Country®
Life**

CHROMIUM PICOLINATE

Biologically Active Chromium

Certified Gluten-Free

- Metabolizes carbs, fats, and proteins**
- Includes Vitamin B6 for energy metabolism**

Dietary
Supplement

100 Vegetarian
Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Chromium (from 1.7 mg chromium picolinate)	200 mcg	167%
L-Leucine	18 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica.
CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. Do not use if you have gastric or duodenal ulcers. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.** Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. 

Manufactured by Country Life, LLC
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