

R-alpha lipoic acid is an antioxidant that protects against free radicals.\*\* It has been heat stabilized.

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG	<b>NO</b> YEAST, CORN OR WHEAT
<b>YES</b> CERTIFIED VEGAN BY THE AVA	<b>NO</b> SOY, MILK OR SUGAR
<b>YES</b> RECYCLABLE PACKAGING	<b>NO</b> PRESERVATIVES
<b>YES</b> MANUFACTURING SUPPORTS WIND POWER	<b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
<b>YES</b> KOSHER-PARVE	<b>NO</b> GMOs

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.



Dietary Supplement **60** Vegan Capsules

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

ESTABLISHED  
— 1971 —  
**Country<sup>®</sup>  
Life**

# R-LIPOIC ACID

100 mg

Certified Gluten-Free

- Heat Stable R-Lipoic Acid
- Protects against free radicals\*\*

**Directions:** Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
R- <i>alpha</i> Lipoic Acid (thioctic acid)	100 mg *

\* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, stearic acid, silica.

**CAUTION:** Not for use by pregnant or nursing women. If you are diabetic or hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

**Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC  
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CountryLifeVitamins.com  
Product No. 1653