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Best by:



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chromax®

Directions: Adults take one (1) tablet twice daily before a meal. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Lot No:

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride).....	7.5 mg..... 375%
Folic Acid.....	200 mcg..... 50%
Vitamin B12 (as cyanocobalamin).....	50 mcg..... 833%
Calcium (as calcium carbonate)†.....	60 mg..... 6%
Magnesium (as magnesium aspartate)†.....	50 mg..... 13%
Zinc (as zinc monomethionine)†.....	2.5 mg..... 17%
Copper (as copper lysinate hydrochloride)†.....	0.5 mg..... 25%
Manganese (as manganese citrate)†.....	1.5 mg..... 75%
Chromium (as chromium picolinate)†.....	200 mcg..... 167%
Potassium (as potassium aspartate)†.....	49.5 mg..... <2%
Gymnema Sylvestre (leaf)†.....	6.3 mg..... *
(leaf)†.....	
(75% gymnemic acids equal to 4.7 mg).....	
Fenugreek (seed).....	150 mg..... *
(from 37.5 mg of a 4:1 extract).....	
Bitter Melon Extract 4:1 (fruit).....	100 mg..... *
PAK (pyridoxine alpha-ketoglutarate hydrochloride).....	12.5 mg..... *
Vanadium (from 2.5 mg vanadyl sulfate)†.....	781 mcg..... *
* Daily Value not established	

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, vegetable glaze. † Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway,

Hempstead, NY 11788 (USA)

CountryLifeVitamins.com

Product No. 1574

Glycemic Factors® has been a favorite for over 25 years. This product contains vitamins, minerals, and botanicals, including chromium, which aids in the metabolism of glucose.** Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER
NO YEAST, WHEAT OR SOY
NO MILK, SALT OR SUGAR
NO PRESERVATIVES OR ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS
NO ARTIFICIAL SWEETENERS

ESTABLISHED
— 1971 —
**Country®
Life**

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Certified Gluten-Free

► Aids in glucose metabolism**

Dietary
Supplement

50 Tablets

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