



Suggested usage: 1 softgel 1–5 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

Vitamin E 200 IU is a high potency, naturally sourced vitamin E in the form of *d*-alpha tocopherol with naturally occurring beta-, delta- and gamma-tocopherols. Vitamin E is an antioxidant that protects cell membranes and prevents free radical damage to the body.* It supports the cardiovascular system and general health.* Daily supplementation of vitamin E is particularly important to maintain healthy cell growth and for those with active lifestyles.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

**Purity & Potency
Guaranteed**

Recyclable container and label.

Mixed Vitamin
e200_{IU}

90 Softgels

NATURAL SOURCE

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (<i>d</i> -alpha tocopherol)	200 IU	667%
Mixed tocopherols (gamma, delta, beta)	10 mg	**

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water), soybean oil.

LOT & EXPIRY 1.3125" x .25" Single Line

