

Real Omega *Fit*

An innovative nutritional formula cultivated to support healthy metabolism and fitness! Real Omega Fit is a synergistic combination of real foods, super juices and traditional botanicals — such as Cacao, Green Coffee, Cinnamon and Ophiocordyceps — transformed by our patent-pending, MTS mycological fermentation technology.

KEY INGREDIENTS



Cacao
(Theobroma cacao)



Green Coffee
(Coffea arabica)



Cinnamon
(Cinnamomum cassia)



Ophiocordyceps
(Ophiocordyceps)

PATENT-PENDING TECHNOLOGY

The MycoBiome Transformation System (MTS) draws from principles of Traditional Chinese and Ayurvedic herbal modalities, utilizing powerful living cultures combined with energized water, light and sound frequencies to pre-digest and pre-metabolize real food nutrients.



Get Real Nutrition is a family-owned company cultivating real food nutrition at our organic, indoor nutrient farm located on California's Central Coast.

www.GetRealNutrition.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Leading the Revolution of Regeneration

BODY | MIND | PLANET

"Our Mission is to restore real food nutrition to your body and vitality to our planet leading the *Revolution of Regeneration*."

Jordan Rubin

JORDAN RUBIN
FOUNDER & CEO | Get Real Nutrition



ECO-REGENERATIVE
PACKAGING

This carton is fully compostable. We invite you to Join the Revolution of Regeneration and help us rebuild our nation's topsoil with composting. *Together we can turn today's packaging into tomorrow's nutrition!*



HEAL THE PLANET
FARM

We are training the next generation of organic farmers at Heal The Planet Farm — a 350-acre organic, regenerative permaculture retreat, dedicated to restoring our soil and feeding our surrounding communities.

HealThePlanetFarm.com

Real Omega *Fit*

Organic Vegan Real Food Omega Formula
Cultivated by Jordan Rubin
*Supports healthy metabolism and fitness**



Real Omega *Fit*

Organic Vegan
Real Food Omega *with*
Sprouted Cacao, Sprouted
Green Coffee, Cinnamon and
Ophiocordyceps to support
*healthy metabolism and fitness**

SPROUTED & FERMENTED

Unleash the Power of Nature

10 PROMISES

EVERY FORMULA | EVERY INGREDIENT



Real Food Dietary Supplement
90 ORGANIC CAPSULES

Suggested Use: Adults may consume 3 capsules per day together or in divided doses with 8 ounces of water or juice. May be taken with or without food. Capsules can be opened, but not refilled for children.

Advanced Use: Adults may consume up to 6 capsules per day.

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

	Amount Per Serving	% Daily Value
Total Calories	10	1%
Total Fat	1g	2%
Total Carbohydrate	1g	0%
Dietary Fiber	1g	4%
Sugars	0g	
Calcium		1%
Omega Fatty Acids		
ALA (alpha-linolenic acid, Omega-3)	300mg	+
LA (linoleic acid, Omega-6)	97mg	+
Oleic Acid (Omega-9)	58mg	+
Organic Fermented Real Food Blend	1,500mg	+

Sprouted Chia seed (Salvia hispanica), Sprouted Flax seed (Linum catharticum), Ophiocordyceps culture, Sprouted Carina seed (Chenopodium pallidissimum), Sprouted Pumpkin seed (Cucurbita pepo), Sprouted Hemp seed (Cannabis sativa), Sprouted Sunflower seed (Helianthus annuus), Sprouted Sesame seed (Sesamum indicum), Sprouted Cacao seed (Theobroma cacao), Saw Palmetto fruit (Serenoa repens), Nettie Leaf (Lilica dioica), Siberian Ginseng root (Eleutherococcus senticosus), Sprouted Green Coffee seed (Coffea arabica), Green Tea leaf (Camellia sinensis), Cinnamon bark (Cinnamomum cassia), Sprouted Milk Thistle seed (Silybum maritimum), Sprouted Broccoli seed (Brassica oleracea), Cilantro leaf (Coriandrum sativum)

Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.

Other Ingredients: Organic Fermented Aloe Vera inner leaf gel (Aloe vera), Organic Pullulan (an extra cellular polysaccharide), Silica, Organic Fermented Lemon fruit juice (Citrus Aurum), Do not use if product has been opened or tampered with in any way.

Keep out of reach of children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision.

This product is hand-cultivated with organic, farm-grown real foods. Color and odor may vary from lot to lot. This product contains no synthetic, isolated or artificial ingredients. Store in a cool, dry place.



To learn more about our third-party certifications, visit our website.

CULTIVATED & DISTRIBUTED BY
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