



# Seleno-Methionine

A Dietary Supplement



**Douglas  
Laboratories®**

**100 Capsules**

## Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

| Amount Per Capsule       |         | %DV  |
|--------------------------|---------|------|
| Selenium                 | 200 mcg | 286% |
| (from Seleno-Methionine) |         |      |

\*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate and silica.

Manufactured in the USA by:

**Douglas Laboratories**

600 Boyce Road

Pittsburgh, PA 15205 USA

[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

### Suggested Usage:

As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)

(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Healthcare Professionals worldwide recommend

Douglas Laboratories; learn why at

[www.whydouglas.com](http://www.whydouglas.com)

Formula #7422

