

**USAGE:** Take 1 softgel up to 3 times per day with a meal or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Phosphatidylserine (PS)** is a naturally occurring phospholipid and is a component of cell membranes. **Jarrow Formulas® Cogni-PS®** is a concentrated form of phosphatidylserine from sunflower lecithin that offers superior stability. It does not contain soy and is not derived from genetically modified organisms (non-GMO).

Sharp-PS® is a registered trademark of Enzymotec Ltd., manufactured and protected under U.S. Patent #8,324,187.

**Keep out of the reach of children.**

Lot #. Best Used Before:

**Jarrow**  
FORMULAS

Phosphatidylserine

**PS100**

Non-GMO  
Soy-Free

100  
MILLIGRAMS

60  
SOFTGELS

DIETARY  
SUPPLEMENT



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

11214PPS PROD # 116006



## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

	Amount Per Serving	% DV
Phosphatidylserine (PS) (from non-GMO sunflower lecithin) ( <i>Helianthus annuus</i> ) (seed)	100 mg	*

\*Daily Value not established.

Other Ingredients: Medium chain triglycerides, sunflower lecithin, silicon dioxide and an antioxidant blend. Softgel consists of gelatin, glycerin and purified water.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

NOTE: Color may vary from batch to batch.

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