



**Suggested Use:** Add 1 heaping scoop of Muscle Matrix with 6-8 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Consume 1 scoop within 20 minutes after your workouts. Consume 1-3 servings daily as needed to satisfy your protein requirements. Do not use as a sole source of nutrition.

**55%** PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN  
**FAST RELEASE** WHEY PROTEIN ISOLATE  
**45%** SLOW RELEASE MICELLAR CASEIN

Each serving Muscle Matrix contains 18 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair.

- NO WHEY CONCENTRATE**    **NO BANNED SUBSTANCES**
- NO ION EXCHANGE WHEY**    **NO DEXTROSE/MALTODEXTRIN**
- NO PROPRIETARY BLENDS**    **NO FILLERS, EXCIPIENTS or CREAMERS**
- NO HIDDEN INGREDIENTS**    **NO FAT or SUGAR**

**KOSHER | GLUTEN FREE | BSE/TSE FREE**

**HIGH CONCENTRATION OF BCAA<sub>s</sub> & AMINO ACIDS**

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

Alanine.....699	Lysine.....1624
Arginine.....520	Methionine.....418
Aspartic Acid.....1541	Phenylalanine.....671
Cysteine.....297	Proline.....1410
Glutamic Acid.....3458	Serine.....855
<small>(Glutamine Precursor)</small>	
Glycine.....367	Threonine.....998
Histidine.....382	Tryptophan.....259
Isoleucine**.....1037	Tyrosine.....749
Leucine**.....1700	Valine.....1015



\*\*Branch Chain Amino Acids



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN A GMP & FDA INSPECTED FACILITY**  
 FDA Registration: 16906175560

**NUTRABIO**

HIGH PROTEIN | LOW CALORIE

**MUSCLE MATRIX PROTEIN**  
*Women's Formula*

COMPLETE PROTEIN MATRIX

*Maximize* Protein Synthesis<sup>‡</sup> | *Build* & Repair Muscle<sup>‡</sup> | *4-Hour* Sustained Release



POWDER

**30**

SERVINGS



Dietary Supplement  
 Net Wt. 1.5lbs (691 grams)

MADE IN A GMP & FDA INSPECTED FACILITY

**18G** PROTEIN

**80** CALORIES

**3.75G** BCAAs

©D

**DUTCH CHOCOLATE**

**Supplement Facts**

Serving size: 1 scoop (23 grams)  
 Servings per container: 30

Amount Per Serving	% Daily Value
Calories 80	
Cholesterol 5mg	2%*
Total Carbohydrate 2g	<1%*
Dietary Fiber <1g	2%*
Protein 18g	36%*
Calcium 276mg	28%*
Phosphorus 121mg	12%*
Magnesium 9mg	2%*
Sodium 36mg	2%*
Potassium 104mg	3%*

**Whey Protein Isolate** † 11.6g  
(non-denatured - cold processed)(Cross Flow Micro and ultra-filtered) (yielding 10.3g complete protein)

**Micellar Casein** † 9.5g  
(non-denatured - cold processed) (yielding 7.7g complete protein)

**Flavoring** † 797mg  
(cocoa powder 1.2g, nat. & art. flavor 392mg, xanthan gum 300mg, sucralose 30mg)

\* Percent Daily Values are based on a 2000 calorie diet.  
 † Daily Value not established.

Other Ingredients: None.

This product contains fractional amounts of sunflower oil and soy lecithin added during the instantization process.

Allergens: Milk and Soy (from lecithin).

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition. STORE IN A COOL DRY PLACE. Serving scoop included, but may settle to the bottom during shipping.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NUTRABIO**  
 Since 1996

Manufactured by NutraBio Labs, Inc.  
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**FULL LABEL DISCLOSURE**  
 NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

