



1-2 capsule(s)



1-2x daily

Best if taken



empty stomach

Suggested Use: As a dietary supplement take, 1-2 capsules on an empty stomach, 1-2 times daily or as directed by your physician. For maximum benefit, take up to 3 grams (3000mg) per day. As a sleep aid, Take 1-3 capsules 30 minutes before bedtime, during the night if required, or as needed.

Warning: NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product. CAUTION!: If you are currently taking, or within the last 90 days have taken any anti-stress, anti-anxiety or anti-depression medications DO NOT TAKE L-Tryptophan without first talking to your prescribing physician.



MANUFACTURED IN A
GMP & FDA
INSPECTED FACILITY

NUTRABIO

AMINO THERAPY™

100% PURE L-TRYPTOPHAN

FREE FORM AMINO ACID

- NO FILLERS
- NO EXCIPIENTS
- NO ADDITIVES

Pharmaceutical Grade.
HPLC Lab Tested for Potency.
Free of Harmful Impurities.



150 SERVINGS

500
MILLIGRAMS



Dietary Supplement | Vegetable Capsule

MADE IN A
GMP
&
FDA
INSPECTED
FACILITY

Supplement Facts

Serving size: 1 vegetable capsule
Servings per container: 150

	Amount Per Serving	%DV
L-Tryptophan	500 mg	*

*Daily Value (DV) not established.

Other Ingredients: vegetable capsule.

Kosher, Vegetarian, Hypoallergenic, Non-GMO, Gluten Free, & BSE/TSE Free: No added sugars, salt, preservatives, salicylates, or artificial color, flavor or fragrance.

STORE IN COOL DRY PLACE.

NUTRABIO
Since 1996

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

