



**Suggested Use:** Add 1 heaping scoop of Muscle Matrix with 6-8 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Consume 1 scoop within 20 minutes after your workouts. Consume 1-3 servings daily as needed to satisfy your protein requirements. Do not use as a sole source of nutrition.

**55% FAST RELEASE WHEY PROTEIN ISOLATE** PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN **45% SLOW RELEASE MICELLAR CASEIN**

Each serving Muscle Matrix contains 18 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair.

- NO WHEY CONCENTRATE**
- NO ION EXCHANGE WHEY**
- NO PROPRIETARY BLENDS**
- NO HIDDEN INGREDIENTS**
- NO BANNED SUBSTANCES**
- NO DEXTROSE/MALTODEXTRIN**
- NO FILLERS, EXCIPIENTS or CREAMERS**
- NO FAT or SUGAR**

**HIGH CONCENTRATION OF BCAAs & AMINO ACIDS**

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

Alanine.....	695	Lysine.....	1620
Arginine.....	522	Methionine.....	418
Aspartic Acid.....	1536	Phenylalanine.....	672
Cysteine.....	294	Proline.....	1416
Glutamic Acid.....	3461	Serine.....	857
(Glutamine Precursor)			
Glycine.....	369	Threonine.....	995
Histidine.....	384	Tryptophan.....	258
Isoleucine.....*	1036	Tyrosine.....	753
Leucine.....**	1697	Valine.....	1018



\*\* Branch Chain Amino Acids



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY**

FDA Registration: 16906175560

**NUTRABIO**

HIGH PROTEIN | LOW CALORIE

**MUSCLE MATRIX PROTEIN**  
*Women's Formula*

COMPLETE PROTEIN MATRIX

*Maximize* Protein Synthesis<sup>†</sup> | *Build* & Repair Muscle<sup>†</sup> | *4-Hour* Sustained Release

**1.5lbs**



Dietary Supplement | Net Wt. 1.5lbs (656 grams)

ALPINE VANILLA

MADE IN OUR **GMP & FDA INSPECTED FACILITY**

**18G PROTEIN**  
**80 CALORIES**  
**3.75G BCAAs**



**Supplement Facts**

Serving size: 1 scoop (21.9 grams)  
Servings per container: 30

Amount Per Serving	% Daily Value
Calories 80	
Cholesterol 5mg	2%*
Total Carbohydrate 1g	<1%*
Protein 18g	36%*
Calcium 274mg	27%*
Phosphorus 120mg	12%*
Magnesium 9mg	2%*
Sodium 36mg	1%*
Potassium 86mg	2%*
<b>Whey Protein Isolate</b> (non-denatured) 11.6g †	
<small>(CFM cross flow micro and ultra-filtered WP90. Cold processed. Yielding 10.3g complete protein.)</small>	
<b>Micellar Casein</b> (non-denatured) 9.5g †	
<small>(Cold processed. Yielding 7.7g complete protein.)</small>	
<b>Flavoring</b> 747mg †	
<small>(natural vanilla flavor 417mg, xanthan gum 300mg, sucralose 30mg)</small>	

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE.

Allergens: Milk and soy lecithin.  
Kosher, Gluten Free, & BSE/TSE Free.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NUTRABIO**  
WITHOUT COMPROMISE SINCE 1996  
Manufactured by NutraBio Labs, Inc.  
564 Lincoln Blvd., Middlesex, NJ 08846  
(732-748-8606) WWW.NUTRABIO.COM

**FULL LABEL DISCLOSURE**  
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE  
**ABSOLUTELY NO AMINO ACID SPIKING**

