

DIRECTIONS: Dissolve one scoop of **Pure Calm** into 6 fl ounces of cool, pure water. Drink one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Pure Calm is an innovative formula in the form of cherry-flavored, powdered drink mix. It contains a blend of ingredients that supports the body's natural synthesis of catecholamines, the inhibitory neurotransmitter GABA, hormonal balance, and healthy glucose metabolism. Pure Calm aims to promote a calm, relaxed, well-balanced emotional and physiological state.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy protein, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives.

PURE Calm

Neurotransmitter & Hormone Support*

Wild Cherry



DIETARY SUPPLEMENT NET Wt. 8.25 oz (234 g)

Supplement Facts

Serving Size: 1 Scoop (about 3.9 g)

Servings Per Container: About 60

	Amount Per Serving	%Daily Value
Magnesium (as Albion® DiMagnesium Malate)	75 mg	19%
myo-Inositol	2 g	**
Taurine	500 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**
L-Theanine (Suntheanine®)	50 mg	**

** Daily Value not established.

Other Ingredients: Natural cherry flavor (no MSG), malic acid, natural red beet powder, citric acid, and stevia.

Pure Calm Meets or Exceeds cGMP Quality Standards.

Albion is a registered trademark of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904.

Suntheanine®

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

Manufactured for:
HIT NUTRITION
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