









Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE into 8-12 ounces of water and consume 30-45 minutes prior to resistance training. Vary the amount of water to achieve your desired flavor level. PRE is extremely powerful, first time users should begin use with 1/2 scoop or less to assess your tolerance. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORETHAN 5 DAYS IN ANY 7 DAY PERIOD.

BSE/TSE FREE ALLERGEN FREE

Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, sensitive to caffeine, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use under extreme conditions of heat, CARDIOVASCULAR EXERTION or dehydration. CONTAINS 270MG OF CAFFEINE per serving which is equivalent to 2-3 cups of coffee. Do not use with caffeine or stimulant-containing medications, foods or beverages because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving.

BIOPERINE BioPerine® is a trademark of Sabinsa Corporation.



Licensed under one or more of U.S. Pat. Nos. 5,965,596, 6,426,361, 7,504,376 and 8,067,381, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the





Kyowa Quality and/or the KQ logo are trademarks of Kyowa Hakko Bio Co., Ltd.







MADE IN A FOCUS | ENDURANCE | STRENGTH | PUMP **GMP FDA** INSPECTED FACILITY EXTREME PRE-WORKOUT

Intensify Focus, Drive, Pump & Vascularity. Increase Power, Endurance & Strength.

Build Resistance to Muscle Fatique.

Dietary Supplement | Nt. Wt. 367 grams

ungs per container 20 Amount Per Serving % DV			ı
ings per container 20 Amount Per Serving		% DA	
	vings per container: 20	Amount Per Serving	

**	Focus, Energy & CNS Activator (2544 mg)	4 mg)
*%	N-Acetyl-L-Tyrosine (NALT)	750 r
*%	L-Tyrosine	750 r
*%	Choline Bitartrate	500 r
*%	Glucuronolactone	300 m
*%	DMAE Bitartrate	274 r
*%	(yielding 100 mg 2-dimethylaminoethanol)	(c
*%	Caffeine Anhydrous USP	270 r
*%	Pikatropin TM (Pikamilon)	50 r
*%	Huperzine A	50 m
**	(huperzia serrata leaf standardized extract)	lct)
1	Electrolyte & Hydration Optimizer (2005 mg	2005 mc

