

USAGE: Take 1 capsule per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Taurine is a sulfur-containing, antioxidant amino acid that supports antioxidation, aids in osmoregulation (maintenance of proper concentrations of ions) inside the cell, membrane stabilization, bile acid conjugation, neuroprotection and athletic performance.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

Jarrow
FORMULAS

Pharmaceutical Grade Taurine

Taurine

Antioxidant Amino Acid*

1000
MILLIGRAMS

100
CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

	Amount Per Serving	% DV
Taurine	1000 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and cellulose. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



Distributed Exclusively by:

Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

04415TAU PROD # 115020



© 2015 **Jarrow FORMULAS®**