



Ultra Protein Plus

Natural Vanilla Bean Flavor Protein Supplement

A Dietary Supplement



**Douglas
Laboratories®**

948 grams

Supplement Facts

Each Serving Contains 1 heaping scoop (31.6 grams)
Servings Per Container 30

Amount Per Serving	%DV
Calories	92
Total Carbohydrates	7.6 g 2%
Soluble Fiber	1 g *
Sugars (as Fructose)	5 g *
Protein	18 g 36%
Each Serving also provides approximately:	
Vitamin A Palmitate/Beta-Carotene Complex	6,105 I.U. 122%
Vitamin C (Ascorbic Acid, Corn Free)	260 mg 433%
Vitamin D-3	25 I.U. 6%
Vitamin E (as d-alpha tocopheryl)	100 I.U. 333%
Vitamin B-1 (Thiamine HCl)	24 mg 1,600%
Vitamin B-2 (Riboflavin)	12 mg 706%
Niacin/Niacinamide	43 mg 215%
Vitamin B-6	24 mg 1200%
(Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	
Folic Acid	200 mcg 50%
Vitamin B-12 (on Ion Exchange Resin)	25 mcg 417%
Biotin	75 mcg 25%
Pantothenic Acid (d-Calcium Pantothenate)	125 mg 1,250%
Calcium (Citrate/Ascorbate Complex)	112 mg 11%
Iodine (Kelp)	45 mcg 30%
Magnesium (Aspartate/Ascorbate Complex)	115 mg 29%
Zinc (Amino Acid Chelate)	5 mg 33%
Selenium (Krebs†)	45 mcg 64%
Manganese (Aspartate Complex)	4.5 mg 225%
Chromium GTF	45 mcg 38%
(Organically Bound with GTF activity-Low Allergenicity)	
Molybdenum (Krebs†)	23 mcg 31%
Potassium (Aspartate Complex)	22 mg <1%
Choline Citrate/Bitartrate	34 mg *
Inositol	23 mg

Amount Per Serving	%DV
Citrus Bioflavonoid Complex	23 mg *
PABA (Para-Aminobenzoic Acid)	11 mg *
Vanadium (Krebs†)	11 mcg *
Boron (Aspartate/Citrate Complex)	0.3 mg *
Trace Elements	20 mcg *
(from Sea Vegetation)	
L-Cysteine/N-Acetyl-L-Cysteine	45 mg *
Betaine HCl	34 mg
Typical (average) Amino Acid Profile	
Glutamic Acid	3,565 mg *
Aspartic Acid	2,215 mg *
Arginine	1,620 mg *
Lysine	1,480 mg *
Leucine	1,440 mg *
Phenylalanine	990 mg *
Serine	970 mg *
Valine	940 mg *
Alanine	850 mg *
Glycine	830 mg *
Isoleucine	830 mg *
Proline	810 mg *
Threonine	740 mg *
Tyrosine	740 mg *
Histidine	500 mg *
Cysteine	220 mg *
Methionine	200 mg *
Tryptophan	180 mg *

*Daily Value not established.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take one to two servings per day, mixed with 8-10 ounces of water or other liquid. Blend well.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C)
(35-65% relative humidity)

Tamper resistant package, do not
use if outer seal is missing.



Formula #57054

Other ingredients: Yellow pea protein, fructose, natural vanilla bean flavor, maltodextrin, and BeFlora™ soluble fiber.