

USAGE: Take 1 capsule per day or every other day, preferably with food or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Zinc Balance® is a synergistic combination of **Zinc L-Monomethionine** and **Copper Gluconate** in a 15:1 ratio of zinc to copper. Zinc L-Monomethionine resists absorption interference from fiber and phytic acid.*

The mineral zinc supports skeletal and immune health.* Both zinc and copper are needed to support super oxide dismutase (SOD) activity, which plays a critical role in the body's endogenous antioxidant network.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS

Zinc Balance®

15 mg Zinc (L-monomethionine)
1 mg Copper

**Supports Immune*
and Antioxidant Protection***

100
CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

	Amount Per Serving	% DV
Zinc (as L-monomethionine) (from L-OptiZinc®)	15 mg	100%
Copper (as gluconate)	1 mg	50%

Other Ingredients: Cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

L-OptiZinc® L-OptiZinc® is a registered trademark of InterHealth Nutraceuticals, Inc.



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