

USAGE: Take 1 softgel up to 2 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are preparing for or recovering from surgery, pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Gamma E contains gamma tocopherol, one of the eight members of the vitamin E family found concentrated in plant seeds and vegetable oils. Typical vitamin E supplements only offer d-alpha tocopherol, which has been shown to deplete serum gamma tocopherol.*

Gamma tocopherol is especially protective against reactive nitrogen species, free radicals that damage lipids, proteins and DNA.* Each softgel of Gamma E contains more gamma tocopherol than a kilogram of pecans, pistachios or walnuts.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
F O R M U L A S[®]

Gamma Tocopherol

Gamma E

Mixed Tocopherol Complex

Inhibits Nitric Oxide Radicals*

300
MILLIGRAMS

120
SOFTGELS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 120

	Amount Per Serving	% DV
Mixed Tocopherol Complex	500 mg	*
Vitamin E (d-alpha tocopherol)	50 IU (34 mg)	170%
Gamma Tocopherol	300 mg	*

* Daily Value not established.

Other Ingredient: Soybean oil. Softgel consists of gelatin, glycerin and water; caramel and carob added as a light barrier.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

02415GAMMA PROD # 112027

Distributed Exclusively by:
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