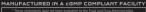
- Improved muscle recovery and reduced soreness*
- Increased lean muscle mass and strength* Maximize workout performance and better hydration*
- Enhanced muscle protein synthesis*
- Improved endurance and increased fat oxidation*

Sustamine³⁴ is a registered trademark of KYOWA HAKKO RIO Co. Ltd.







BCAA RECOVERY BLEND 2:1:1 RATIO

> DIETARY SURDI EMENT NET WT. 5.90z (168a)

HICA ELECTROLYTES Use 1 scoon with 8-nz water while training and 1 scoop

Keen out of reach of children Check with a qualified health care professional before taking this product. Do not take if you

are pregnant or nursing. ALL ERGEN INFORMATIO with lid tightly sealed to protect healtness. Do not remove the desiccant card. Some clumping of ingredients after opening is normal SUPPLEMENT FACTS Serving Size: 1 Scoop (5.6g) Servings Per Container: 30

Amount Per Serving %DV 30ma RCAA 2:1:1 Blend 2.500ma L-Isoleucine

L-Alanyl-L-Glutamine (Sustamined

Other Ingredients: Citric Acid. Natural Flavors, Surgalose, and





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