

Recharge Your Life – Step Up To The Gold!

Nature's Plus®
The Energy Supplements®

Source of Life®
GOLD
Chewables



Guaranteed
Burst of Energy®

The Ultimate Multi-Vitamin Supplement
with Concentrated Whole Foods

With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 and Over 120 Whole Foods!

GLUTEN
Free

Delicious Tropical Fruit Flavor

Vegetarian • Hypo-Allergenic • 90 Tablets

Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% DV
Calories	45
Total Carbohydrate	11 g 4%**
Sugars	5 g †
Xylitol	6 g †
Protein	0.5 g
Vitamin A (as beta carotene; from spirulina and <i>Dunaliella salina</i> ; beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein)	15,000 IU 300%
Vitamin C (as ascorbic acid; esterified C [ascorbic acid palmitate]; naturally occurring from Organic Gold Standard††)	1010 mg 1683%
Vitamin D3 (as cholecalciferol)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	250 IU 833%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	100 mcg 125%
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard††)	30 mg 200%
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard††)	30 mg 1764%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)	30 mg 150%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)	30 mg 1500%
Folic Acid (as folic acid; naturally occurring from Organic Gold Standard††)	425 mcg 106%
Vitamin B12 (as cyanocobalamin)	1000 mcg 16,667%
Biotin	300 mcg 100%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)	30 mg 300%
Calcium (as organic chelates from <i>Spirulina platensis</i> , <i>D. salina</i> ; complex)	200 mg 20%
Iodine (from kelp, potassium iodide)	150 mcg 100%
Magnesium (as whole brown rice amino acid chelate, complex)	125 mg 31%
Zinc (as whole brown rice amino acid chelate, complex)	15 mg 100%
Selenium (as whole brown rice amino acid chelate, complex)	70 mcg 100%
Copper (chlorophyllin; as whole brown rice amino acid chelate, complex)	3 mg 150%
Manganese (as whole brown rice amino acid chelate, complex)	4 mg 200%
Chromium (as polynicotinate)	120 mcg 100%
Molybdenum (as sodium molybdate)	90 mcg 120%
Potassium (as whole brown rice amino acid chelate, complex; naturally occurring from spirulina)	60 mg 2%

Whole Food PhytoAlgae & Organic Mushroom Blend†† 800 mg†

(Std. 15% [120 mg] phycocyanins, 0.1% [800 mcg] zeaxanthin,

1% [8 mg] chlorophyll) – Proprietary complex of spirulina,

Phenalin™ (std. polyphenols calc. as phlorotannins), chlorella,

cryptomondales, red kelp, brown kelp, ulva, red seaweed (Irish moss),

dulse, rockweed; Mushrooms: wood ear, cordyceps, maitake, shiitake,

oyster mushroom, white wood ear

Multi Color Whole Food Blend†† 725 mg†

††Organic Gold Standard Whole Food Complex (guava,

holy basil, lemon, amla fruit) (standardized naturally occurring

B complex and vitamin C)

Energyizing and Cleansing Green Whole Food Blend (300 mg)

Cooked whole brown rice, spirulina, fructooligosaccharides (FOS),

bee pollen, camu-camu, alfalfa sprout, barley grass juice, beet greens,

cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle,

Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng,

astragalus, *Echinacea purpurea*, thyme, ligustrum berry, rice bran

Strength and Endurance White Whole Food Blend (120 mg)

White nectarine, white peach, white fig, date, banana, potato, white

pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower,

ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin

Amount Per Serving

Defense and Repair Yellow Whole Food Blend (115 mg)

Carrot, mango, grapefruit, yellow apple, pear, honeydew melon,

pineapple, yellow squash, golden kiwi, nectarine, yellow water-

melon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow

beet, rutabaga, tangerine, yellow pepper, marigold flower

Brain Support Blue Whole Food Blend (55 mg)

Black currant extract, lowbush blueberry, blackberry, elderberry,

lingonberry extract, scholar tree bud extract, plum, black cherry

extract, purple fig, passion fruit, purple kale, rhubarb, purple grape,

beet, radichio, pomegranate extract, purple onion, wolfberry (goji),

açai, grape seed extract

Anti-Aging Red Whole Food Blend (65 mg)

Noni, mangosteen, apple, apricot, cranberry, orange, peach, red

raspberry, gooseberry, strawberry, tomato, red grape, red wine

(alcohol free), black raspberry, bilberry, highbush blueberry,

schisandra, fenugreek, watermelon

Amino Acids (from spirulina, Whole Food PhytoAlgae, chia ... 510 mg†

and mineral aminoates) (isoleucine, histidine, leucine,

arginine, lysine, aspartic acid, methionine, serine, cysteine,

glutamic acid, threonine, proline, phenylalanine, glycine,

tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

Whole Food Omega Fatty Acid Blend – supplying 85 mg of ... 200 mg†

Omega-3, Omega-9, and other healthful fatty acids (from chia,

spirulina, sunflower seed, black currant, borage and flax)

Enzyme Blend: Bromelain (from pineapple) (80 gelatin ... 100 mg†

digesting units), amylase, lipase†, papain (from papaya),

betaine HCl, lactase†, protease†, cellulase†,

Activessence® (cellulase, pectinase, hemicellulase

and xylanase) †from brown rice fermentation

Anti-Aging Blend: Alpha-lipoic acid, R-lipoic acid, MSM, ... 50 mg†

glutathione, NAC, turmeric (std. curcumin), grape [*Vitis*

vinifera] seed extract (std. proanthocyanidins)

Trans-Resveratrol (from standardized extracts of ... 50 mg†

Polygonum cuspidatum root, grape seed [*Vitis vinifera*],

red wine concentrate [alcohol free] [*Vitis vinifera* fruit])

Coenzyme Q10 (pharmaceutical grade) ... 50 mg†

Inositol ... 50 mg†

Bioflavonoids (from *Citrus*) (active flavonols, flavonones,

flavones & naringin 13 mg) 30 mg†; Whole Food Fiber Complex:

Apple pectin, arabinogalactan, modified citrus pectin, soluble oat

bran, flax 30 mg†, Choline (as bitartrate) 30 mg†, Korean Ginseng

Root (*Panax ginseng*) 25 mg†, PABA (para-aminobenzoic acid)

25 mg†, RNA (ribonucleic acid) (from spirulina) 4 mg†,

Quercetin (from *Dimorphandra mollis*) 10 mg†, Trace Mineral

Complex (soluble prehistoric plant-based minerals and

rare earth elements) 10 mg†, DNA (deoxyribonucleic acid) (from

spirulina) 8 mg†, Chlorophyll (from spirulina) 7.5 mg†, Rutin (from

Sophora japonica leaf) 5 mg†, Hesperidin (from *Citrus*) 5 mg†,

Carotenoids (from whole foods) 4 mg†, Lutein (from marigold) 3 mg†, Eriod-

itrin (from *Citrus*) 3 mg†, Lycopene (from tomato) 2.5 mg†

Full Spectrum Probiotic Blend (28 trillion viable cells ... 2 mg†

at time of manufacture) – supplying *Lactobacillus*

acidophilus, FOS (fructooligosaccharides), *L. plantarum*,

L. casei, *L. bulgaricus*, *L. brevis*, *L. rhamnosus*, *L. lactis*,

Bifidobacterium lactis, *B. bifidum*, *L. sporogenes*

(*B. coagulans*), *S. salivarius* K12, *S. salivarius* M18

Boron (as citrate) ... 1 mg†

Octacosanol ... 200 mcg†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

†† See Multi Color Whole Food Blend.

††For details, visit www.naturesplus.com.

Other ingredients: Vitasweet® (xylitol, agave nectar, fruit juice concentrate, luohanguo fruit extract), guar gum, stearic acid, natural flavors and magnesium stearate.

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc.
makers of Nature's Plus, 9500 New Horizons Blvd., Amityville, New York 11701, USA

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