- Improved muscle recovery and reduced soreness\*
- Increased lean muscle mass and strength\* Maximize workout performance and better hydration\*
- Enhanced muscle protein synthesis\*
- Improved endurance and increased fat oxidation\*

Sustamine<sup>34</sup> is a registered trademark of KYOWA HAKKO RIO Co. Ltd.







BCAA RECOVERY BLEND 2:1:1 RATIO

> DIETARY SUPPLEMENT NET WT 5.70z (162 g)

HICA SUSTAMINE

## Use 1 scoon with 8-nz water while training and 1 scoop

## Keen out of reach of children Check with a qualified health care professional before taking

## this product. Do not take if you are pregnant or nursing. ALLERGEN INFORMATIO

Store in a cool, dry place with lid finhtly sealed to remeet freshness Some clumping of ingredients after

L-Alamy L-mutamine (Sustamine\*\*)





SUPPLEMENT FACTS Serving Size: 1 Scoop (5.4g) Servings Per Container: 30

Vitamin B6 (as pyridoxine hydrochloride	i) 8mg	400
Sodium (as sodium chloride)	110mg	5
Potassium (as potassium citrate)	30mg	- 1
BCAA 2:1:1 Blend	2,500mg	
L-Leucine	1,250mg	
L-Isoleucine	625mg	
L-Valine	625mg	
Enhanced Training Modifier Blend	1,005mg	

Other Ingredients: Citric Acid. Natural Flavors, Sucralose.





Amount Per Serving %DV