

Other ingredients: Cellulose and silica.

† Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†† Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #200574



Ultra Preventive® X

A Low Allergenicity
Dietary Supplement



DOUGLAS
LABORATORIES®

240 Vegetarian Capsules

Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [2,500 IU/ 67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 7,500 IU	150%	Boron (as Boron Aspartate/Citrate complex) 0.75 mg	*
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex) 700 mg	1,167%	Vanadium (as Vanadium Krebst) 25 mcg	*
Vitamin D-3 500 IU	125%	Amino Acids and Enzymes	
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols) 200 IU	667%	L-Cysteine/N-Acetyl L-Cysteine 75 mg	*
Thiamine 50 mg	3,333%	Betaine (from 75 mg Betaine HCl) 57 mg	*
Riboflavin 25 mg	1,147%	Bromelain (2,000 GDU/g) 25 mg	*
Niacin/Niacinamide 95 mg	475%	Glutamic Acid (from 13 mg Glutamic Acid HCl) 10 mg	*
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex) 50 mg	2,500%	L-Methionine 6.3 mg	*
Folate (as L-methylfolate, Metafolin®) 400 mcg	100%	Bioflavonoids and Proanthocyanidins	
Vitamin B-12 (methylcobalamin) 125 mcg	2,083%	Rose Hips 50 mg	*
Biotin 150 mcg	50%	Lemon Bioflavonoids 50 mg	*
Pantothenic Acid (as d-Calcium Pantothenate) 250 mg	2,500%	Red Wine Proanthocyanidins/Pine Bark Extract 25 mg	*
Calcium (as Calcium Citrate/Ascorbate Complex) 250 mg	25%	(OPC 85) (J.Mesquelier U.S. Patent No. 4,698,360)	
Iodine (from Kelp) 100 mcg	67%	Hesperidin 18 mg	*
Magnesium (as Magnesium Aspartate/ Ascorbate Complex) 250 mg	63%	Rutin 12.5 mg	*
Zinc (as Zinc Amino Acid Chelate) 12.5 mg	83%	Vegetables Fruits and Herbs	
Selenium (as Selenium Krebst/Kelp complex) 100 mcg	143%	Proprietary Organic Fruit and Vegetable Blend 350 mg	*
Copper (as Copper Amino Acid Chelate) 1 mg	50%	Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant), Garlic (bulb, Pure-Gar®, odorless) 50 mg	*
Chromium (Organically bound with GTF activity-low allergenicity) 100 mcg	83%	Cauliflower (entire plant) 50 mg	*
Molybdenum (as Molybdenum Krebst) 50 mcg	67%	Spirulina 50 mg	*
Potassium (as Potassium Aspartate Complex) 50 mg	1%	Chlorella (broken cell wall) 50 mg	*
Lutein (natural) 3 mg	*	Green Papaya Extract (fruit) 50 mg	*
Lycopene (natural) 3 mg	*	Blackberry (fruit) 40 mg	*
Zeaxanthin 0.5 mg	*	Celery powder (leaf) 35 mg	*
Other Minerals, Nutrients and Trace Elements		Black radish powder (root) 35 mg	*
Inositol 50 mg	*	Apricot powder (fruit) 35 mg	*
Trace Elements (from Sea Vegetation) approx. 50 mcg	*	Green Tea Extract (leaf) 25 mg	*
Choline (from 75 mg Choline Citrate/Bitartrate) 30 mg	*	Apple Pectin (fruit) 25 mg	*
PABA (para-aminobenzoic acid) 25 mg	*		

*Daily Value not established.