why core athlete?

CARROT CAKE
PRO SERIES

PREMIUM IS BETTER

CORE ATHLETE is a premium grade whey protein blend loaded with muscle-building amino acids. It is designed specifically for individuals looking for the highest quality protein, which is vital to build and maintain lean body mass. CORE ATHLETE is packed with 25 grams of protein per serving and is rich in all the needed branched chain amino acids (BCAAs). An advanced amino acid profile provides the perfect form of Essential, Non-Essential, and Conditionally Essential amino acids that your body requires for optimum protein synthesis. This combination is ideal for helping you meet your daily protein requirements, and perfect for building and fueling new muscle growth and recovery. CORE ATHLETE is formulated without additives or fillers, is from grass-fed and rBST free cows and is instantized for greater absorption and bio-availability. Including a quality whey protein blend before and after training will enable your muscles to repair and rebuild more quickly which will help you see improved physical performance and increased lean body mass. *

WHAT DOES IT DO?

With 25 grams of muscle building pure whey protein per serving, including BCAAs, CORE ATHLETE helps repair muscle tissues, which speeds recovery and maximizes muscle growth.*

- Protein is extremely important for the growth and repair of muscle tissue. Research has proven that taking protein before and after workouts is the best way to spark new muscle growth, speed muscle tissue repair, and gain more lean muscle than ever before. Pure isolate whey proteins are the ideal way to do this, because they contain key muscle building amino acids.
- BCAAs are amino acids that are not produced in your body; instead, they have to be introduced into the body through diet. Pure isolate whey protein powder ensures your body is getting the adequate dose of daily BCAAs in order to gain strength and mass while guarding against loss of muscle, because it is rich in whole chain amino acids (BCAA) leucine, isoleucine and valine. Training increases the need for BCAAs, which make up one third of muscle protein; including it before and after workouts is essential to getting the gains you work for and increasing your ability to get better muscle recovery.

CORE ATHLETE

HIT SUPPLEMENTS

PREMIUM WHEY BLEND

dietary supplement

NET WT. 904.29g

25g protein
GRASS-FED + HORMONE FREE

DIRECTION FOR USE

Add 1 scoop to 8 ounces of cold water, milk, yogurt or liquid of your choice. Stir until dispersed then drink immediately. Add more or less liquid to meet your desired taste.

WARNINGS

Keep out of reach of children. Check with a qualified health care professional before taking this product, if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or are taking any prescription or OTC medications.

Supplement Facts

Serving Size: One scoop (~40 grams)
Servings Per Container: About 25

	Amount Per Serving	% Daily Value
Calories	130	
Calories from Fat	8	
Total Fat	1g	1%
Total Carbohydrate	7g	2%
Sugars	4g	†
Protein	25g	44%
Vitamin A	75IU	1%
Vitamin C	1000mcg	1%
Vitamin D	5IU	1%
Calcium	200mg	21%
Iron	900mcg	5%
Phosphorus	123mg	12%
Magnesium	27mg	7%
Sodium	90mg	3%
Potassium	277mg	8%

Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Amino Acid Profile

Aspartic Acid	2439mg
Threonine	1269mg
Serine	1035mg
Glutamic Acid	3797mg
Glycine	614mg
Alanine	1065mg
Valine*	1118mg
Isoleucine*	1324mg
Leucine*	2039mg
Tyrosine*	684mg
Phenylalanine*	815mg
Histidine*	403mg
Lysine	1702mg
Arginine	1017mg
Proline	1311mg
Cysteine	452mg
Methionine*	444mg
Tryptophan*	246mg

* essential amino acids/BCAAs

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides, Dextrose, Natural and Artificial Flavors, Xanthan

ALLERGEN INFORMATION

Manufactured in a facility which processes products containing milk, soybeans, wheat, and treenuts. Contains milk and soy.

Store in a cool, dry place with lid tightly closed to protect freshness.

FOR USE AS A DIETARY SUPPLEMENT ONLY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MANUFACTURED AT A GMP CERTIFIED FACILITY

MADE IN USA

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