

Recharge Your Life – Step Up To The Gold!

Nature's Plus®
The Energy Supplements®

Source of Life
GOLD
Capsules



**Guaranteed
Burst of Energy®**

**The Ultimate Multi-Vitamin Supplement
with Concentrated Whole Foods**

**With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 And Over 120 Whole Foods!**

**GLUTEN
Free**

Vegetarian • Hypo-Allergenic 90 Vegetarian CAPSULES

**Nutritional Support for Free Radical Defense,
Natural Energy Production and Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, nine capsules once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 9 Capsules Servings Per Container 10

Amount Per Serving %DV

Calories	5	
Protein	1 g	
Vitamin A (as beta carotene; from spirulina and	15,000 IU	300%
<i>Dunaliella salina</i> : beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein)		
Vitamin C (as ascorbic acid; esterified C	1010 mg	1683%
[ascorbic acid; naturally occurring from Organic Gold Standard††]		
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	250 IU	833%
Vitamin K2 (as menaquinone-4 and	100 mcg	125%
menaquinone-7)		
Thiamin (as thiamine HCl; naturally occurring	30 mg	2000%
from Organic Gold Standard††)		
Riboflavin (as riboflavin; naturally occurring	30 mg	1764%
from Organic Gold Standard††)		
Niacin (as niacinamide; naturally occurring	125 mg	625%
from Organic Gold Standard††)		
Vitamin B6 (as pyridoxine HCl; naturally	30 mg	1500%
occurring from Organic Gold Standard††)		
Folic Acid (as folic acid; naturally occurring	425 mcg	106%
from Organic Gold Standard††)		
Vitamin B12 (as cyanocobalamin)	1000 mcg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate;	125 mg	1250%
naturally occurring from Organic Gold Standard††)		
Calcium (as organic chelates from <i>Spirulina</i>	250 mg	25%
<i>platensis</i> , <i>D. salina</i> ; complex)		
Iodine (from kelp, potassium iodide)	150 mcg	100%
Magnesium (as aminoate** complex)	125 mg	31%
Zinc (as aminoate** complex, picolinate)	15 mg	100%
Selenium (as aminoate** complex)	70 mcg	100%
Copper (chlorophyllin; as aminoate** complex)	4.5 mg	225%
Manganese (as aminoate** complex)	4 mg	200%
Chromium (as aminoate** complex)	120 mcg	100%
Potassium (as aminoate** complex; naturally	60 mg	2%
occurring from spirulina)		

Whole Food PhytoAlgae & Organic Mushroom Blend†† 800 mg†
(Std. 15% [120 mg] phycocyanins, 0.1% [800 mcg] zeaxanthin, 1% [8 mg] chlorophyll) – Proprietary complex of spirulina, Phenalgin™ (std. polyphenols calc. as phlorotannins), chlorella, cryptomonadales, red kelp, brown kelp, ulva, red seaweed (Irish moss), dulse, rockweed; Mushrooms: wood ear, cordyceps, maitake, shiitake, oyster mushroom, white wood ear

Multi-Color Whole Food Blend†† 725 mg†

††Organic Gold Standard Whole Food Complex (guava, holy basil, lemon, amla fruit) (standardized naturally occurring B complex and vitamin C)

Energyzing and Cleansing Green Whole Food Blend (300 mg)
Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), bee pollen, camu-camu, alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, thyme, ligustrum berry, rice bran

Strength and Endurance White Whole Food Blend (120 mg)
White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin

Amount Per Serving

Defense and Repair Yellow Whole Food Blend (115 mg)

Carrot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower

Brain Support Blue Whole Food Blend (55 mg)

Black currant extract, lowbush blueberry, blackberry, elderberry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale, rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), açai, grape seed extract

Anti-Aging Red Whole Food Blend (65 mg)

Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcohol free), black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, watermelon

Amino Acids (from spirulina, Whole Food PhytoAlgae, chia ... 510 mg† and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

Whole Food Omega Fatty Acid Blend – supplying 85 mg of ... 200 mg† Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant, borage and flax)

Enzyme Blend: Bromelain (from pineapple) (80 gelatin ... 100 mg† digesting units), amylase†, lipase†, papain (from papaya), betaine HCl, lactase†, protease†, cellulase†, Activeness® (cellulase, pectinase, hemicellulase and xylanase) ††from brown rice fermentation

Anti-Aging Blend: Alpha-lipoic acid, R-lipoic acid, MSM, ... 50 mg† glutathione, NAC, turmeric (std. curcumin), grape (*Vitis vinifera*) seed extract (std. proanthocyanidins)

Trans-Resveratrol (from standardized extracts of ... 50 mg†

Polygonum cuspidatum root, grape seed [*Vitis vinifera*], red wine concentrate [alcohol free] [*Vitis vinifera* fruit]) Coenzyme Q10 (pharmaceutical grade) ... 50 mg† Inositol ... 50 mg†

Bioflavonoids (from *Citrus*) (active flavonols, flavonones, flavones & naringin 13 mg) **30 mg†, Whole Food Fiber Complex:** Apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran, flax **30 mg†, Choline** (as bitartrate) **30 mg†, Korean Ginseng Root** (*Panax ginseng*) **25 mg†, PABA** (para-aminobenzoic acid) **25 mg†, RNA** (ribonucleic acid) (from spirulina) **24 mg†, Quercetin** (from *Sophora japonica* & *Dimorphandra mollis*) **10 mg†, Trace Mineral Complex** (soluble prehistoric plant-based minerals and rare earth elements) **10 mg†, DNA** (deoxyribonucleic acid) (from spirulina) **8 mg†, Chlorophyll** (from spirulina) **7.5 mg†, Rutin** (from *Sophora japonica* leaf) **5 mg†, Hesperidin** (from *Citrus*) **5 mg†, Carotenoids** (from whole foods) **4 mg†, Lutein** (from marigold) **3 mg†, Eriocitrin** (from *Citrus*) **3 mg†, Lycopene** (from tomato) **2.5 mg†**

Full Spectrum Probiotic Blend (28 million viable cells ... 2 mg† at time of manufacture) – supplying *Lactobacillus acidophilus*, FOS (fructooligosaccharides), *L. plantarum*, *L. casei*, *L. bulgaricus*, *L. brevis*, *L. rhamnosus*, *L. lactis*, *Bifidobacterium lactis*, *B. bifidum*, *L. sporogenes* (*B. coagulans*), *S. salivarius* K12, *S. salivarius* M18

Boron (as citrate) ... 1 mg†

Octacosanol ... 200 mg†

† Daily Value (DV) not established.

†† See Multi Color Whole Food Blend.

**Whole brown rice chelate

††For details, visit www.naturesplus.com.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, vegetable cellulose and purified water.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
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