

why core evolution?



PREMIUM IS BETTER

Want improved physical performance, more lean muscle mass, and a body that will turn heads? Then **CORE EVOLUTION** is your answer! **CORE EVOLUTION** is a premium grade pure isolate whey protein packed with muscle-building amino acids! It is made with the highest quality pure isolate whey protein, which is vital to build and maintain lean body mass. **CORE EVOLUTION** is loaded with 24 grams of protein and all the needed branched chain amino acids (BCAAs). This combination is ideal for helping you meet your daily protein requirements, and perfect for building and fueling new muscle growth and recovery. By enabling your muscles to repair and rebuild more quickly, you will see improved physical performance, increased lean body mass, and lower body fat. **CORE EVOLUTION** will help you gain muscle and maintain a leaner, more muscular physique.*

WHAT DOES IT DO?

With 24 grams of muscle building pure isolate whey protein per serving, including BCAAs, **CORE EVOLUTION** helps repair muscle tissue, which speeds recovery and maximizes muscle growth.*

- Protein is extremely important for the growth and repair of muscle tissue. Research has shown that taking protein before and after workouts is the best way to spark new muscle growth, speed muscle tissue repair, and gain more lean muscle than ever before. Pure isolate whey proteins are the ideal way to do this, because they contain key muscle building amino acids.*
- BCAAs are amino acids that are not produced in your body; instead, they have to be introduced into the body through diet. Pure isolate whey protein powder ensures your body is getting the adequate dose of daily BCAAs in order to gain strength and mass while guarding against loss of muscle, because it is rich in whole chain amino acids (BCAA) leucine, isoleucine and valine. Training increases the need for BCAAs, which make up one third of muscle protein; including it before and after workouts is essential to getting the gains you work for and increasing your ability to get better muscle recovery.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CORE EVOLUTION



WHEY PROTEIN ISOLATE

dietary supplement
NET WT. 2lbs (904.29g)

100%
pure isolate
LACTOSE +
GLUTEN FREE

DIRECTION FOR USE

For use as a dietary supplement, add 1 level scoop to 6-8 ounces of water, milk, or liquid of your choice. Stir, shake or blend until completely dispersed. Drink immediately.

WARNINGS

Keep out of reach of children. Check with a qualified health care professional before taking this product, if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or are taking any prescription or OTC medications.



Supplement Facts

Serving Size: 1 scoop (27.7 grams)
Servings Per Container: About 30

	Amount Per Serving	% Daily Value
Calories	101	
Calories From Fat	4	
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	†
Cholesterol	5mg	2%
Sodium	190mg	8%
Total Carbohydrates	1g	<1%
Sugars	0g	†
Protein	24g	48%
Calcium	31mg	3%
Iron	0.5mg	3%
Phosphorus	24mg	2%
Magnesium	6mg	2%

Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Amino Acid Profile

per 24 g of protein - 1 scoop

Alanine	1186 mg
Arginine	580 mg
Aspartic Acid	2601 mg
Cysteine	757 mg
Glutamic Acid	4163 mg
Glycine	403 mg
Histidine	555 mg
Isoleucine	1362 mg
Leucine	3003 mg
Lysine	2601 mg
Methionine	580 mg
Phenylalanine	688 mg
Proline	1110 mg
Serine	681 mg
Threonine	1110 mg
Tryptophan	681 mg
Tyrosine	883 mg
Valine	1367 mg

INGREDIENTS

Whey Protein Isolate, Natural Flavoring, Sucralose, Soy Lecithin

ALLERGEN INFORMATION

Manufactured in a facility which processes products containing milk, soybeans, wheat, and tree nuts. Contains milk and soy.

Store in a cool, dry place with lid tightly closed to protect freshness.

FOR USE AS A DIETARY SUPPLEMENT ONLY

MANUFACTURED IN A cGMP COMPLIANT FACILITY

WARNING: PHENYLKETONURICS - CONTAINS PHENYLALANINE

MADE IN USA



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