

why vitalizer?

A truly effective training regimen should not neglect good nutrition, but the fact is most of us are not getting all the nutrition we need... especially when we are pushing our bodies to extremes. Your body needs all the right nutritional components in order to reach your maximum training potential. **VITALIZER** will help you bridge the gap! Including HIT's quality multi-vitamin in your daily routine will help to offset whatever nutritional deficits may be holding back your gains. Essential micro-nutrients, vitamins and minerals are the building blocks of the body at the most primary level. When your body has all the right levels of vitamins and minerals working in harmony, you will see increased energy levels, better performance, and improved muscle growth. HIT Supplements designed **VITALIZER** to provide all the critical vitamins and minerals your body needs. Vitalizer is packed with all the essential B-complex vitamins, Beta-Alanine, L-Citrulline, and L-Carnitine. HIT **VITALIZER** will help you to assure your muscles are receiving all the right nutrients to get the gains and performance you want. You train hard; taking **VITALIZER** will help you get real results.

- ▶ L-Citrulline is a precursor to Nitric Oxide which may improve vasodilation*
- ▶ L-Carnitine Tartrate – Increases strength and endurance, helps your body burn fat during exercise, relieves physical and mental fatigue, promotes and maintains new muscle development, and accelerates muscle regeneration while supporting energy production.*
- ▶ High potency B-12 and full B-complex – Essential for the metabolism of carbohydrates, fats and protein for the production of energy.*
- ▶ Beta-Alanine – Increases muscular strength and power output, increases muscle mass, increases anaerobic and aerobic endurance, increases muscular endurance, and delays muscular fatigue*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MANUFACTURED IN A
cGMP COMPLIANT FACILITY



MANUFACTURED IN THE USA
HIT Supplements, LLC
1800 North Elder
Pomona, CA 91768
www.hitsupplements.com

VITALIZER



MULTI-VITAMIN

180 Tablets
DIETARY SUPPLEMENT

**100%
DAILY VALUE
OF 12
VITAMINS
& MINERALS**

DIRECTIONS FOR USE

Take 3 tablets per day,
preferably with food.

WARNINGS

Keep out of reach of children.
Check with a qualified health
care professional before taking
this product, if you are pregnant
or nursing, under 18 years of
age, have any known or
suspected medical conditions,
and/or taking any prescription or
OTC medications. Do not
exceed recommended dosage.

ALLERGEN INFORMATION

Manufactured in a facility which
processes products containing
milk, egg, soybeans, wheat,
shellfish, fish oil, peanuts, and
tree nuts. Store in a cool, dry
place with lid tightly closed to
protect freshness.

SUPPLEMENT FACTS

Serving Size: 3 Tablets

Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	5000 IU	100%
Vitamin C (Ascorbic Acid)	250 mg	417%
Vitamin D (as Cholecalciferol)	250 IU	63%
Vitamin E (as D-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytanadione)	80 mcg	100%
Thiamine (as Thiamine HCl)	15 mg	1000%
Riboflavin	20 mg	1176%
Niacin (as Nicotinamide)	60 mg	250%
Vitamin B6 (as Pyridoxal-5-Phosphate)	30 mg	1500%
Folic Acid	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	250 mcg	4167%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg	500%
Calcium (as Dicalcium Phosphate)	172 mg	17%
Phosphorus (from Dicalcium Phosphate)	135 mg	14%
Magnesium (as Amino Acid Chelate)	100 mg	25%
Zinc (as Amino Acid Chelate)	15 mg	100%
Selenium (as Amino Acid Chelate)	35 mcg	50%
Copper (as Copper Citrate)	1 mg	50%
Manganese (as Amino Acid Chelate)	1 mg	50%
Chromium (as Chromium Polynicotinate)	25 mcg	21%
Molybdenum (as Amino Acid Chelate)	5 mcg	7%
Potassium (as Potassium Citrate)	95 mg	3%
Beta Alanine	1.5 g	††
L-Carnitine Tartrate	1 g	††
L-Citrulline Malate	500 mg	††

† Daily Values based on a 2,000 calorie diet.
†† Daily Value not established.

Other Ingredients: Stearic Acid, Croscarmellose Sodium, Dicalcium Phosphate, Magnesium Stearate, Silicon Dioxide, and Pharmaceutical Glaze (Shellac & Polyethylene Glycol). Contains Soy.