1 - PRE WORKOUT

PEAK PERFORM is an elite pre-workout for the serious athlete. Peak Perform features 3 of the most studied ingredients in the sports nutrition industry at clinically backed dosages; Peak ATP®, BetaPower™, and Carnosyn®. By combining these three, highly effective, scientifically backed ingredients, we have created one of the most effective pre-workouts on the market. This premium combination makes PEAK PERFORM the most beneficial supplement you can add to your pre workout regimen because it is clinically shown to give you more lean muscle mass, greater muscle excitability, improved endurance, increased blood flow and decreased recovery time. When you put the work into training your body, you want to be able to push harder, train longer, and consistently perform better. With PEAK PERFORM you will truly be able to achieve your peak performance!*

2 - INTRA WORKOUT

Train Longer! By taking REFORM MATRIX whether it is during your workout, throughout the day, or both, you can increase your ability to train harder and longer. By using our advanced amino acid and glutamine matrix together you will get the most effective combination of nutritional requirements ideal for faster recovery between sessions, greater performance gains, and better muscle growth. Whether you train to increase endurance, better your performance, or gain more muscle your body quickly depletes your glycogen storage and starts breaking down your muscle. When this happens, you reach failure faster and have shorter periods of activity. Glutamine is one of the most beneficial supplements you can add to your workout regimen because it is not only an essential part of the building blocks of protein and muscle growth, but it also stops the muscle breakdown that occurs after extended periods of stress during training. REFORM MATRIX helps to support the replacement of these much needed glycogen stores and gives you the needed longevity during training to reach the next level.*

3 - POST WORKOUT

MUSCLE MATRIX is the most advanced concentrated BCAA recovery blend on the market. By combining top quality, concentrated amounts of BCAA'S, Sustainme®, HICA, and electrolytes, Muscle Matrix gives you cutting edge recovery. Get better workout performance, improved endurance, and faster recovery. With these concentrated ingredients you will be able to get the most out of your training routine and recovery because you will get better absorption while using less! Sustainme is a dipeptide of glutamine that provides more than 200 percent better absorption than standard L-glutamine. MUSCLE MATRIX will help you kick your training up a notch by maintaining hydration, and feeding your muscles properly after exercise.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRE-INTRA-POST WORKOUT

STACK

1 PEAK PERFORM PRE-WORKOUT PINEAPPLE MANGO with Stimulant

2 REFORM MATRIX GLUTAMINE BLEND ISLAND FRUIT

3 MUSCLE MATRIX BCAA RECOVERY BLEND MIXED BERRY

DIETARY SUPPLEMENTS

1 - Peak Performance - NET WT. 1.5 oz (102.2 g)
2 - Reform Matrix - NET WT. 6.4 oz (181.6 g)
3 - Muscle Matrix - NET WT. 8.2 oz (232.4 g)
TOTAL NET WT. 16 oz (454 g)

HIT SUPPLEMENTS

MANUFACTURED IN A CGMP COMPLIANT FACILITY

PEAK PERFORM SUPPLEMENT FACTS

Serving Size: 1 Scoop (7.3g)
Servings Per Container: 14

Amount Per Serving	%DV
Vitamin B3 (Niacin) 20mg	100%
Calcium (as Dicalcium Malate (OmniCal®)) 20mg	2%
Magnesium (as Dimagnesium Chelate) 40mg	10%
Zinc (as Zinc Arginate Chelate) 2mg	13%
Beta-Alanine (Carnosyn®) 1,600mg	†
Tri-Citrulline Malate 1,500mg	†
Betaine Anhydrous (BetaPower™) 1,250mg	†
Adenosine 5'-Triphosphate 200mg	†
Rhodiolan (Peak ATP®)	
Caffeine Anhydrous 200mg	†
Peak Performance Blend 1,000mg	†
Acetyl L-Carnitine Hydrochloride, Glycine Propionyl L-Carnitine Hydrochloride (GlycoCarn®), L-Carnitine L-Tartrate	

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural Flavors, Silicon Dioxide, Sucralose, and Citric Acid.

REFORM MATRIX SUPPLEMENT FACTS

Serving Size: 1 Serving (8.3g)
Servings Per Container: 14

Amount Per Serving	%DV
Vitamin B3 (as Niacin) 10mg	50%
Calcium (as Dicalcium Malate (OmniCal®)) 10mg	1%
Vitamin B6 (as Pyridoxine Hydrochloride) 4mg	200%
Bio-Available Regular Matrix 3,200mg	†
L-Taurine, Beta-Alanine (Carnosyn®), L-Tyrosine, L-Leucine, L-Isoleucine, L-Valine	
Bio-Available Regular Matrix 4,014mg	†
L-Glutamine, L-Arginyl L-Glutamine (Sustamine™), Magnesium Glycyl Glutamine Chelate	

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Sucralose, Natural Flavors and Silicon Dioxide.

MUSCLE MATRIX SUPPLEMENT FACTS

Serving Size: 1 Scoop (5.4g)
Servings Per Container: 14

Amount Per Serving	%DV
Sodium (as Sodium Chloride) 110mg	5%
Potassium (as Potassium Citrate) 30mg	1%
Vitamin B6 (as Pyridoxine HCl) 8mg	400%
BCAA 2:1:1 Blend 2,000mg	†
L-Leucine 1,000mg	†
L-Isoleucine 625mg	†
L-Valine 625mg	†
Enhanced Training Modifier Blend 1,005mg	†
Alpha-Hydroxyisocaproic Acid (HICA) 750mg	†
L-Arginyl L-Glutamine (Sustamine®) 255mg	†

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Natural Flavors, Sucralose, and Silicon Dioxide.

MADE IN USA

NET WT 16 oz (454 g)
18229 North Bullard
Surprise, AZ 85374
www.hitsupplements.com

why peak perform?

PINEAPPLE MANGO PRO SERIES

PEAK PERFORM is an elite pre-workout for the serious athlete. Peak Perform features 3 of the most studied ingredients in the sports nutrition industry at clinically backed dosages; Peak ATP®, BetaPower™, and Carnosyn®. By combining these three, highly effective, scientifically backed ingredients, we have created one of the most effective pre-workouts on the market. This premium combination makes PEAK PERFORM the most beneficial supplement you can add to your pre workout regimen as Peak ATP® is clinically shown to give you more lean muscle mass, greater muscle excitability, improved endurance, increased blood flow and decreased recovery time. When you put the work into training your body, you want to be able to push harder, train longer, and consistently perform better. With PEAK PERFORM you will truly be able to achieve your peak performance!*

- Boost contractile force and muscular endurance while training*
- Increase lean body mass by 140%*
- Increase power output by up to 30%*
- Increase total strength by over 140%
- Improve stamina and increased fat oxidation*

MANUFACTURED IN A cGMP COMPLIANT FACILITY

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MANUFACTURED IN A cGMP COMPLIANT FACILITY

WARNING: This product contains caffeine. Do not consume if you are sensitive to caffeine or if you are pregnant or nursing. Consult your physician before use.

PEAK PERFORM

HIT SUPPLEMENTS

ELITE PRE-WORKOUT BLEND

DIETARY SUPPLEMENT

NET WT. 1.5oz (42.5g)

400mg Carnosyn® Beta-Alanine

3.2g Carnosyn® Beta-Alanine

3g Malate

2.5g Carnosyn® Beta-Alanine

PEAK ATP® is a registered trademark of PTI Plc, and is used under license. Clinical studies have been performed using PEAK ATP® to support these benefits.

Carnosyn® Beta-Alanine is a registered trademark of Natural Alternatives International, Inc.

DIRECTION FOR USE
Take 1 to 2 scoops daily, 30 minutes prior to work out.

WARNINGS
Keep out of reach of children. Check with a qualified health care professional before taking this product. If you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or are taking any prescription or OTC medications.

ALLERGEN INFORMATION
Manufactured in an allergen free facility. Store in a cool, dry place with all lights sealed to protect freshness. Do not remove the desiccant card. Some clumping of ingredients after opening is normal.

PEAK PERFORM SUPPLEMENT FACTS

Serving Size: 1 Scoop (7.3g)
Servings Per Container: 14

Amount Per Serving	%DV
Vitamin B3 (Niacin) 20mg	100%
Calcium (as Dicalcium Malate (OmniCal®)) 20mg	2%
Magnesium (as Dimagnesium Chelate) 40mg	10%
Zinc (as Zinc Arginate Chelate) 2mg	13%
Beta-Alanine (Carnosyn®) 1,600mg	†
Tri-Citrulline Malate 1,500mg	†
Betaine Anhydrous (BetaPower™) 1,250mg	†
Adenosine 5'-Triphosphate 200mg	†
Rhodiolan (Peak ATP®)	
Caffeine Anhydrous 200mg	†
Peak Performance Blend 1,000mg	†
Acetyl L-Carnitine Hydrochloride, Glycine Propionyl L-Carnitine Hydrochloride (GlycoCarn®), L-Carnitine L-Tartrate	

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural Flavors, Silicon Dioxide, Sucralose, and Citric Acid.

why HIT reform matrix?

ISLAND FRUIT with other Natural Flavor PRO SERIES

Train Longer! By taking REFORM MATRIX whether it is during your workout, throughout the day, or both, you can increase your ability to train harder and longer. By using our advanced amino acid and glutamine matrix together you will get the most effective combination of nutritional requirements ideal for faster recovery between sessions, greater performance gains, and better muscle growth. Whether you train to increase endurance, better your performance, or gain more muscle your body quickly depletes your glycogen storage and starts breaking down your muscle. When this happens, you reach failure faster and have shorter periods of activity. Glutamine is one of the most beneficial supplements you can add to your workout regimen because it is not only an essential part of the building blocks of protein and muscle growth, but it also stops the muscle breakdown that occurs after extended periods of stress during training. REFORM MATRIX helps to support the replacement of these much needed glycogen stores and gives you the needed longevity during training to reach the next level.*

- Highly effective bio-available Glutamine Matrix*
- Glutamine promotes muscle growth in conjunction with BCAAs*
- Slows the muscle breakdown that usually happens after an extended period of stress*
- Helps fight fatigue & supports immune system*
- Increase endurance*
- Speeds recovery and recuperation*

Carnosyn® trademark and patents owned by Natural Alternatives International, Inc.
Sustamine® is a registered trademark of KYOWA HAKKO BIO CO., LTD.

MANUFACTURED IN A cGMP COMPLIANT FACILITY

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REFORM MATRIX

HIT SUPPLEMENTS

GLUTAMINE BLEND

DIETARY SUPPLEMENT

NET WT. 4oz (113.4g)

TRAINING EXTENDER

DIRECTION FOR USE
Add 1 scoop to 8 ounces of cold water, or liquid of your choice. Stir until dispersed then drink immediately. Add more or less liquid to meet your desired taste. For Matrix during endurance training or workout training and throughout the day on both training and non-training days.

WARNINGS
Keep out of reach of children. Check with a qualified health care professional before taking this product. If you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or are taking any prescription or OTC medications.

REFORM MATRIX SUPPLEMENT FACTS

Serving Size: 1 Serving (8.3g)
Servings Per Container: 14

Amount Per Serving	%DV
Vitamin B3 (as Niacin) 10mg	50%
Calcium (as Dicalcium Malate (OmniCal®)) 10mg	1%
Vitamin B6 (as Pyridoxine Hydrochloride) 4mg	200%
Bio-Available Regular Matrix 3,200mg	†
L-Taurine, L-Arginyl L-Glutamine (Sustamine™), Magnesium Glycyl Glutamine Chelate	
Bio-Available Regular Matrix 4,014mg	†
L-Tyrosine, Beta Alanine (Carnosyn®), L-Leucine, L-Isoleucine, L-Valine	

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Sucralose, Natural Flavors and Silicon Dioxide.

ALLERGEN INFORMATION
Manufactured in an allergen free facility. Store in a cool, dry place with all lights sealed to protect freshness.

why muscle matrix?

MIXED BERRY with other Natural Flavor PRO SERIES

MUSCLE MATRIX is the most advanced concentrated BCAA recovery blend on the market. By combining top quality, concentrated amounts of BCAA'S, Sustainme®, HICA, and electrolytes, MUSCLE MATRIX gives you cutting edge recovery. Get better workout performance, improved endurance, and faster recovery. With these concentrated ingredients you will be able to get the most out of your training routine and recovery because you will get better absorption while using less! Sustainme is a dipeptide of glutamine that provides more than 200 percent better absorption than standard L-glutamine. MUSCLE MATRIX will help you kick your training up a notch by maintaining hydration, and feeding your muscles properly after exercise.*

- Improved muscle recovery and reduced soreness.*
- Increased lean muscle mass and strength*
- Maximize workout performance and better hydration.*
- Enhanced muscle protein synthesis*
- Improved stamina and recuperation*

MANUFACTURED IN A cGMP COMPLIANT FACILITY

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MUSCLE MATRIX

HIT SUPPLEMENTS

BCAA RECOVERY BLEND

DIETARY SUPPLEMENT

NET WT. 8.2oz (232.4g)

HICA + SUSTAMINE® = ELECTROLYTES

DIRECTION FOR USE
Use 1 scoop with 8-oz water while training and 1 scoop post workout.

WARNINGS
Keep out of reach of children. Check with a qualified health care professional before taking this product. Do not take if you are pregnant or nursing.

ALLERGEN INFORMATION
Manufactured in an allergen free facility. Store in a cool, dry place with all lights sealed to protect freshness. Do not remove the desiccant card. Some clumping of ingredients after opening is normal.

MUSCLE MATRIX SUPPLEMENT FACTS

Serving Size: 1 Scoop (5.4g)
Servings Per Container: 14

Amount Per Serving	%DV
Sodium (as Sodium Chloride) 110mg	5%
Potassium (as Potassium Citrate) 30mg	1%
Vitamin B6 (as Pyridoxine HCl) 8mg	400%
BCAA 2:1:1 Blend 2,000mg	†
L-Leucine 1,000mg	†
L-Isoleucine 625mg	†
L-Valine 625mg	†
Enhanced Training Modifier Blend 1,005mg	†
Alpha-Hydroxyisocaproic Acid (HICA) 750mg	†
L-Arginyl L-Glutamine (Sustamine®) 255mg	†

Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Natural Flavors, Sucralose, and Silicon Dioxide.

Sustamine® is a registered trademark of KYOWA HAKKO BIO Co., Ltd