

Other ingredients: Cellulose, vegetable stearate and silica.

\*\*Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 6 tablets daily or as directed by physician. This product is best taken with meals.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #200573



# Ultra Preventive® Beta with Copper & Iron

A Dietary Supplement  
with Natural Mixed Carotenoids



180 Tablets

## Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

| Amount Per Serving                                 | %DV    | Amount Per Serving                                    | %DV    |
|----------------------------------------------------|--------|-------------------------------------------------------|--------|
| Vitamin A (100% as natural ..... 15,000 IU         | 300%   | Copper (from Copper Amino ..... 3 mg                  | 150%   |
| Beta-Carotene with full spectrum Carotenoids**)    |        | Acid Chelate)                                         |        |
| Vitamin C (Ascorbic Acid)..... 1,200 mg            | 2,000% | Manganese (from Manganese ..... 20 mg                 | 1,000% |
| Vitamin D-3 ..... 1,000 IU                         | 250%   | Aspartate Complex)                                    |        |
| Vitamin E (as Vitamin E Succinate) ..... 400 IU    | 1,333% | Chromium (Organically bound with ..... 200 mcg        | 167%   |
| Thiamine (as Thiamine HCl) ..... 100 mg            | 6,667% | GTF activity—low allergenicity)                       |        |
| Riboflavin ..... 50 mg                             | 2941%  | Molybdenum (from Molybdenum Krebst) ... 100 mcg       | 133%   |
| Niacin/Niacinamide ..... 190 mg                    | 950%   | Potassium (from Potassium ..... 99 mg                 | 2%     |
| Vitamin B-6 (as Pyridoxine HCl/ ..... 100 mg       | 5,000% | Aspartate Complex)                                    |        |
| Pyridoxal-5-Phosphate Complex)                     |        | Choline (from Choline Citrate/Bitartrate) ..... 60 mg | *      |
| Folate (as L-methylfolate, Metafolin®) ... 800 mcg | 200%   | Inositol ..... 100 mg                                 | *      |
| Vitamin B-12 (on Ion Exchange Resin) ... 100 mcg   | 1,667% | Citrus Bioflavonoid Complex ..... 100 mg              | *      |
| Biotin ..... 300 mcg                               | 100%   | PABA (Para-Aminobenzoic Acid) ..... 50 mg             | *      |
| Pantothenic Acid ..... 500 mg                      | 5,000% | Vanadium (from Vanadium Krebst) ..... 50 mcg          | *      |
| (as d-Calcium Pantothenate)                        |        | Boron (from Boron Aspartate/ ..... 3 mg               | *      |
| Calcium (from Calcium ..... 500 mg                 | 50%    | Citrate Complex)                                      |        |
| Citrate/Ascorbate Complex)                         |        | Trace Elements (from Sea Vegetation) ..... 100 mcg    | *      |
| Iron (from Iron Amino Acid Chelate) ..... 20 mg    | 111%   | N-Acetyl-L-Cysteine/L-Cysteine HCl ..... 200 mg       | *      |
| Iodine (from Kelp) ..... 200 mcg                   | 133%   | L-Methionine ..... 12.5 mg                            | *      |
| Magnesium (from Magnesium ..... 500 mg             | 125%   | Glutamic Acid (from Glutamic Acid HCl) ..... 20 mg    | *      |
| Aspartate/Ascorbate Complex)                       |        | Betaine (from Betaine HCl) ..... 114 mg               | *      |
| Zinc (as OPTI-ZINC®) ..... 30 mg                   | 200%   |                                                       |        |
| Selenium (Organic Selenium from ..... 200 mcg      | 286%   |                                                       |        |
| Krebst Cycle and Kelp)                             |        |                                                       |        |

\*Daily Value not established.