



1 serving

Mixed with



16 oz.

Favorite Beverage



1-2x daily



before meals

Suggested Use: As a dietary supplement, take 1-2 servings mixed with 16oz of your favorite beverage 20-30 minutes prior to exercise and again immediately after exercise. Take twice daily between meals on non-training days as well. Begin with 1 serving (2G) twice daily to assess your tolerance as beta-alanine may cause a tingling or sensory sensation on your skin for some users. With continued use, the intensity of the sensation will decrease or disappear. As you become accustomed to the feeling, increase your dosage to 2 servings (4g) Do not add to products already containing Beta-Alanine.

PATENTED - PEER REVIEWED AND UNIVERSITY RESEARCHED.

Warning: NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product. DO NOT EXCEED 2 servings in a 24 hour period.

Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.



**MANUFACTURED IN A
GMP & FDA
INSPECTED FACILITY**

VEGETARIAN | ALLERGEN FREE | NON-GMO | GLUTEN FREE | BSE/TSE FREE

NUTRABIO®

ENDURANCE | RECOVERY | STAMINA

CARNOSYN®

**BETA
ALANINE**

HPLC LAB TESTED FOR POTENCY

NO FILLERS

NO EXCIPIENTS

NO ADDITIVES

Improves Training Intensity.†

Increases Strength & Power.†

Delays Muscle Fatigue.†



POWDER

360G

180 SERVINGS

TRUE LABEL
FULL LABEL DISCLOSURE



Dietary Supplement
Net Weight 13.5 oz.

CarnoSyn
Carnosine Synthesizer



MADE IN A
GMP
— & —
FDA
INSPECTED
FACILITY

Supplement Facts

Serving size: 1 scoop (2 grams)
Servings per container: 180

	Amount Per Serving	% DV
Beta Alanine (as CarnoSyn®)	2g	*

* Daily value (DV) not established

Other Ingredients: ABSOLUTELY NONE.

STORE IN A COOL DRY PLACE. SERVING
SCOOP INCLUDED. MAY SETTLE TO
BOTTOM DURING SHIPPING.

NUTRABIO®

Since 1996

Manufactured by NutraBio.com Inc.,
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†These statements have not been evaluated by the
Food and Drug Administration. This product is not
intended to diagnose, treat, cure or prevent any disease.

Licensed under one or more of U.S. Pat. Nos. 5,965,596,
6,426,361, 7,504,376 and 8,067,381, each of which is
owned by Natural Alternatives International, Inc. (NAI). NAI
is also the owner of the registered trademark CarnoSyn®

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