

From the leader in B-Vitamins^Δ, Country Life's Organic Folate is certified USDA organic. This folate is water extracted from organic lemon peel to maintain its purity. This delicious orange flavored chew (no water needed) is available in both 400 mcg and 800 mcg. Folate intake should not exceed 250% of the DV (1,000 mcg).

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED ORGANIC

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS WIND POWER

YES KOSHER

NO YEAST, WHEAT OR SOY

NO MILK, SALT OR PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

NO MAGNESIUM STEARATE

NO GMOs

Δ Based on SPINScan Natural, 52 Weeks ending 2/22/15.

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

Dietary
Supplement

100

Chewable
Wafers

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country
Life

FOLATE

800 mcg

Certified Gluten-Free



- Promotes heart health*
- Essential for expectant mothers*

ORANGE
FLAVOR

Directions: Adults chew one (1) wafer daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 wafer

Amount Per Serving	% Daily Value	
Folate (as organic lemon extract (peel))	800 mcg	200%

Other Ingredients: Organic maltodextrin, organic evaporated cane juice sugar, organic rice bran extract, natural orange flavor, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com • Product No. 6313
Certified Organic by Quality Assurance International