

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

Keep refrigerated.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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P.O. Best Used Before: PROD# 103005

Jarrow FORMULAS®
VAGINAL/URINARY
TRACT HEALTH*

WOMEN'S
fem dophilus®

ORAL PROBIOTIC
SUPPLEMENT

30
CAPSULES

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 30
Amount Per Serving % DV	
Total Probiotic Blend	5 Billion viable cells *
Composed of the following strains:	
<i>Lactobacillus rhamnosus</i> , GR-1 [®]	
<i>Lactobacillus reuteri</i> , RC-14 [®]	
* Daily Value not established.	

Other Ingredients: Dextrose anhydrate, potato starch, cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin and titanium dioxide.
Contains: Dairy (casein, in trace amounts).
No wheat, no gluten, no soybeans, no egg, no fish/shellfish, no peanuts/tree nuts.

GLUTEN FREE
Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

GR-1[®]/RC-14[®] and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1[®]/RC-14[®] probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1[®] and *Lactobacillus reuteri*, RC-14[®], discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1[®] and RC-14[®] to colonize and promote vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

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Jarrow FORMULAS®

WOMEN'S
fem dophilus®

VAGINAL/URINARY TRACT HEALTH*

25+ YEARS OF
RESEARCH/CLINICAL STUDIES**

PATENTED STRAINS
LACTOBACILLUS RHAMNOSUS, GR-1[®]
and **LACTOBACILLUS REUTERI, RC-14[®]**

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** 25+ YEARS OF GR-1[®]/RC-14[®] RESEARCH/CLINICAL STUDIES



05115FEM PROD# 103005



Jarrow Formulas® puts the "PRO" in probiotics®

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5 Billion viable cells per capsule when kept refrigerated and within Best Used Before Date.

RC-14[®] and GR-1[®] are registered trademarks of Chr. Hansen A/S.

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