

RIDGECREST

ECLECTIC • INNOVATIVE • EFFECTIVE

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Not for sale in CA without Prop 65 warning. See also www.prop65.info.

Supplement Facts

	Serving size: 2 capsules Servings per container: 30	AMOUNT PER SERVING	%DAILY VALUE
	ClearLungs Herbal Blend: Dong Quair root, Ophiopogon root, Poria fungal body, Chinese Asparagus root, Chinese Skullcap root, Gardenia fruit, Luo Han Guo fruit, Platycodon root, Tangerine mature peel, White Mulberry root bark, Zhejiang Fritillary bulh, Schisandra fruit, Chinese Licorice root.	712 mg	†
	Athletic Enhancement Blend: Cordyceps, Rhodiola root, Eleuthero root.	760 mg	†
	Availablend Bioavailability Complex: Shichuan Pepper, Ginger root, Black Pepper, Habanero Pepper.	10 mg	t

† Daily Value not established

Other ingredients: Vegetable capsule, microcrystalline cellulose, rice bran extract, silica.

Warnings: Do not use if safety seal around cap is broken or missing. If pregnant or nursing, see a doctor before use. Keep out of reach of children.

Directions: Adults and children age 12+, take 2 capsules 30 minutes prior to training and an additional 2 capsules daily in the morning if desired.

Other information: Capsule size "00." Contains no animal products, corn, dairy, gluten, GMO, soy, wheat, or yeast.

Made in USA for:
RIDGECREST
HERBALS
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RCHerbals.com
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At RidgeCrest Herbals, we pledge to bring you the most eclectic, innovative, and effective natural remedies, so you can take your health to a higher level and do more of the things you love.