



Vita-Chel Plus™

A Dietary Supplement



**Douglas
Laboratories®**

225 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 37

Amount Per Serving		%DV
Vitamin A	20,000 IU	400%
Vitamin C (Ascorbic Acid)	1,600 mg	2,667%
Vitamin D-3	280 IU	70%
Vitamin E (as Vitamin E Acetate)	400 IU	1,333%
Thiamine	80 mg	5,333%
Riboflavin	8 mg	471%
Niacin/Niacinamide	40 mg	200%
Vitamin B-6 (as Pyridoxine HCl)	100 mg	5,000%
Folic Acid	160 mcg	40%
Vitamin B-12	400 mcg	6,667%
Biotin	40 mcg	13%
Pantothenic Acid (as Calcium Pantothenate)	200 mg	2,000%
Calcium (from Calcium Chelate Complex)	200 mg	20%
Iron	4 mg	22%
Iodine (from Kelp)	60 mcg	40%
Magnesium (from Magnesium Chelate Complex)	200 mg	50%
Zinc (from Zinc Chelate)	40 mg	267%
Selenium	100 mcg	143%
Copper (from Copper Chelate)	1.5 mg	75%

Amount Per Serving		%DV
Manganese (from Manganese Sulfate)	8 mg	400%
Chromium	40 mcg	33%
Potassium (from Potassium Chelate)	200 mg	5%
Choline (from Choline Bitartrate)	400 mg	*
L-Cysteine	300 mg	*
PABA (<i>para</i> -Aminobenzoic Acid)	200 mg	*
Rice Bran	160 mg	*
Methionine	80 mg	*
Lecithin (from soy)	80 mg	*
Inositol	60 mg	*
Citrus Pectin	40 mg	*
Adrenal	40 mg	*
Thymus	40 mg	*
Bromelain	40 mg	*
Garlic (bulb)	40 mg	*
Flax Powder	20 mg	*

*Daily Value not established.

Other ingredients: Cellulose, EDTA and vegetable stearate.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 6 tablets daily or as directed by your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately. Due to the vitamin A dose, this product is not recommended for women who may become pregnant or are of child bearing age.

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C)
(35%-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #7998

