



RIDGECREST
HERBALS®



Anxiety Free™

STRESS RELIEF COMPLEX

- Increase calm & well-being*
- Relieve stress & tension*
- Reduce fatigue & irritability*

Herbal & Nutritional Supplement
60 Vegan Capsules

ECLECTIC • INNOVATIVE • EFFECTIVE

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Not for sale in CA without Prop 65 warning. See also www.prop65.info.

Supplement Facts

Serving size: 2 capsules
Servings per container: 30

	AMOUNT PER SERVING	%DAILY VALUE
Vitamin B1 (thiamin HCL)	25 mg	1667%
Vitamin B2 (riboflavin)	8 mg	441%
Vitamin B3/B4 (niacin/niacinamide)	25 mg	125%
Vitamin B5 (pantothenic acid)	25 mg	250%
Vitamin B6 (pyridoxine HCL)	25 mg	1250%
Vitamin B12 (methylcobalamin)	25 mcg	417%
Biotin	400 mcg	133%
Mental Stress Support Complex: L-Theanine	200 mg	†
Tonic Herbal Stress Release Complex: Eleuthero root, Lemon Balm leaf, Passion Flower herb, Lavender herb.	205 mg	†
Ayurvedic Herbal Stress Complex: KSM-66® Ashwagandha Extract Holy Basil extract (2% ursolic acid).	125 mg 38 mg	† †
AvailaBlend™ Bioavailability Complex: Sichuan Pepper, Ginger root, Black Pepper, Habanero Pepper.	10 mg	†

† Daily Value not established

Other ingredients: Vegetable capsule, microcrystalline cellulose, silica, rice bran extract.

Warnings: Do not use if safety seal around cap is broken or missing.

If pregnant or nursing, see a doctor before use. **Keep out of reach of children.**

Directions: Adults and children age 12+, take two capsules twice daily (age 6-11 take 1 capsule). Results are usually felt within minutes or hours, and increase with continued use. Once desired results are obtained, try 1 capsule twice daily for maintenance. Take up to 6 capsules daily during times of high stress.

Other information: Capsule size "0". Contains no animal products, corn, dairy, gluten, GMO, soy, wheat, or yeast.

Made in USA for:
RIDGECREST
HERBALS
Salt Lake City, UT 84120
RCHerbals.com
1-800-242-4649

"Guaranteed Results, Naturally!"



MORE INFO ON THIS PRODUCT IS AVAILABLE AT RCHERBALS.COM

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