



3 caps



2-3x daily

Best if taken



with food

**Suggested Use:** As a dietary supplement, take 2 to 3 servings daily, (see chart below) or as directed by your physician. Take with a high carbohydrate meal. Avoid taking on an empty stomach and with high protein foods.

**RECOMMENDED DAILY USAGE PER BODY-WEIGHT**

WEIGHT (lbs.)	90-140	141-175	176-225	226+
CAPSULES	3	5	7	9

**Warning:** NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product.



**MANUFACTURED IN A  
GMP & FDA  
INSPECTED FACILITY**

VEGETARIAN | ALLERGEN FREE | NON-GMO | GLUTEN FREE | BSE/TSE FREE

**NUTRABIO**

ANABOLIC | ANTI-CATABOLIC

**OKG**

**ORNITHINE ALPHA-KETOGLUTARATE 2:1**

PHARMACEUTICAL GRADE AMINO ACID

**NO FILLERS**

Improves Anabolic Potential†

**NO EXCIPIENTS**

Decreases Muscle Breakdown†

**NO ADDITIVES**

Boosts Protein Synthesis†



270 caps

90 SERVINGS

**1500**

MILLIGRAMS

**TRUE LABEL**  
FULL LABEL DISCLOSURE

Dietary Supplement | Vegetable Capsule

MADE IN A  
**GMP**  
— & —  
**FDA**  
INSPECTED  
FACILITY

**Supplement Facts**

Serving size: 3 v-caps (500mg each)  
Servings per container: 90

	Amount Per Serving	%DV
<b>Ornithine Alpha-ketoglutarate 2:1</b>	1500 mg	*

\* Daily value (DV) not established.

Other Ingredients: vegetable capsule.

STORE IN A COOL DRY PLACE.

**NUTRABIO**

Since 1996

Manufactured by NutraBio Labs, Inc.  
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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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