

USAGE: Take 1 softgel 3 to 4 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® CLA contains conjugated linoleic acid (CLA), a unique optical isomer of the polyunsaturated fatty acid linoleic acid. CLA is a lipid component of cell membranes and breast milk. Although dietary sources of CLA typically include red meat and dairy products, **Jarrow Formulas® CLA** is derived from safflower oil. CLA has been shown in animal experiments to assist in glucose metabolism, the reduction of body fat and enhancement/retention of lean body mass (muscle).*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS

Conjugated Linoleic Acid

CLA

750 mg CLA from 1000 mg Safflower Oil

Helps Reduce Body Fat*
Helps Maintain Lean Body Mass*

90
SOFTGELS

DIETARY
SUPPLEMENT

Tonalin
For reducing body fat

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	2%
Conjugated Linoleic Acid (Tonalin®)	750 mg	*
Safflower oil base	250 mg	*

* Daily Value not established.

Other Ingredient: Mixed tocopherols. Softgel consists of gelatin, glycerin, purified water and natural caramel color (added as a light barrier).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place.

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

07414CLA90 PROD # 116010

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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Lot #. Best Used Before:

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