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This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, preservatives or flavoring.

Note: People consuming more than 2,000 IU per day should have their vitamin D blood levels monitored by a healthcare professional.

**Suggested Usage:** As a dietary supplement, adults take 1 tablet daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)  
(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200562



# Vitamin D

## 5000 IU

A Dietary Supplement



100 Tablets

### Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

| Amount Per Serving | %DV |
|--------------------|-----|
|--------------------|-----|

|             |          |        |
|-------------|----------|--------|
| Vitamin D-3 | 5,000 IU | 1,250% |
|-------------|----------|--------|

Other ingredients: cellulose, croscarmellose sodium, calcium carbonate, silica and vegetable stearate

Manufactured in the USA by:

**Douglas Laboratories**

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Pittsburgh, PA 15205 USA

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