and feeling your best. For a healthy

Recommended Dosage: Take 1 to 2 capsules twice daily with meals, as a

vour teeth and aums.*



Amount per servings		%DV
Vitamin C (as L-Ascorbic Acid)	125 mg	208
Vitamin E (as d-alpha-Tocopheryl Succinat	15 I.U. te)	50
Folic Acid	1000 mcg	251
Vitamin B12 (as Cyanocobalamin)	100 mcg	1665
Selenium (as L-Selenomethionine) 100 mcg	142
Vitis vinifera (Grape) seed extract (98% Total polyphenols; 80% 0 18% Catechin & Epicatechin		*
Ubiquinone (Coenzyme Q-10)	10 mg	*
Piper Nigrum (Black pepper) extra (Bioperine®)	ict 5mg	*