

USAGE: Take 4 capsules per day with juice or water between meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Neuro Optimizer® is nutrition for the brain, combining nutrients to enhance brain metabolism and antioxidant protection safely and naturally, without the use of stimulants.*

Citicoline (CDP-Choline) is an essential intermediate in the synthesis of phosphatidylcholine, a major constituent of the gray matter of brain tissue (30%).* Citicoline promotes brain metabolism by enhancing the synthesis of acetylcholine and restoring phospholipid content in the brain.*

PS (Phosphatidylserine) supports the brain's proper response to stress and promotes neuronal communication.* The antioxidants **Acetyl-L-Carnitine**, **Alpha Lipoic Acid** and **Taurine** support antioxidant protection of neurons.* Acetyl-L-Carnitine, Alpha Lipoic Acid and **L-Glutamine** also support energy utilization.* Taurine aids in osmoregulation (maintenance of proper concentrations of ions) inside the cell.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Cognizin® is a registered trademark of Kyowa Hakko Bio Co., Ltd.

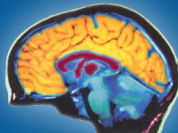
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Jarrow
F O R M U L A S

Neuro Optimizer®

Supports Brain Health
and Function*

120 DIETARY
CAPSULES SUPPLEMENT



Supplement Facts

Serving Size 4 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Acetyl-L-Carnitine (from Acetyl-L-Carnitine Hydrochloride)	500 mg	*
L-Glutamine	500 mg	*
Taurine	500 mg	*
Cytidine 5'-diphosphocholine (Cognizin®)	300 mg	*
Phosphatidylcholine	120 mg	*
Phosphatidylserine (PS)	100 mg	*
Alpha Lipoic Acid	50 mg	*

* Daily Value not established.

Other Ingredients: Silicon dioxide, magnesium stearate (vegetable source) and cellulose. Capsule consists of gelatin.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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