

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

CoQ10 and Omega-3 Fish Oils have both demonstrated support for cardiovascular health.* CoQ10 helps to support cardiovascular health through its vital role in energy production and through its function as a free radical fighter.* Omega-3 Fish Oils work by helping to maintain healthy heart function and by promoting balanced immune system function.* This product combines two complementary cardiovascular support ingredients into one convenient softgel.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

NOW uses only the natural, all-trans form of CoQ10. Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packets. Keep in Bottle.

EUA # 1482865

CODE 3163 V6



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CoQ10

60 mg

Cardiovascular Health*

With Omega-3 Fish Oil

- Supports Heart Function*
- Cellular Energy Production*

60 Softgels

A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Vitamin E (as d-alpha Tocopherol plus Mixed Tocopherols)	10 IU	33%
Coenzyme Q10 (CoQ10)	60 mg	†
Natural Fish Oil Concentrate	250 mg	†
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	40 mg	†
Docosahexaenoic Acid (DHA)	25 mg	†
Soy Lecithin	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob, annatto extract), Rice Bran Oil and Beeswax.

Contains fish (sardines, anchovies, mackerel) and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

