

Par

lodi

90 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts Serving Size: Three Capsules

erving Size: Three Capsules			Servings p	er Contain	er: 30
hree Capsules Contain:		% DV	Three Capsules Contain:		% DV
tamin A (7,500 IU as Beta Carotene and			Magnesium (45 mg as Magnesium Citrate and		
2,500 IU as Palmitate)	10,000 IU	200%	45 mg as Magnesium Malate)	90 mg	23%
tamin C (as Ascorbic Acid)	120 mg	200%	Zinc (as Zinc Bisglycinate Chelate)	15 mg	100%
tamin D (as Vitamin D3)	3,000 IU	750%	Selenium (as L-Selenomethionine)	100 mcg	142%
tamin E (as d-Alpha Tocopheryl Succinate)	60 IU	200%	Copper (as Copper (II) Bisglycinate Chelate)	2 mg	100%
niamin (as Thiamin HCI)	6 mg	400%	Manganese (as Manganese (II) Bisglycinate Chelate)	2 mg	100%
boflavin (as Riboflavin 5'-Phosphate Sodium)	3.42 mg	200%	Chromium (as Chromium Picolinate)	120 mcg	100%
acin (as Niacinamide)	40 mg	200%	Molybdenum (as Molybdenum (II) Glycinate Chelate)	75 mcg	100%
tamin B6 (as Pyridoxal 5'-Phosphate)	4 mg	200%	Potassium (49.5 mg as Potassium Citrate and		
late (as L-5-Methyltetrahydrofolate from			49.5 mg as Potassium Malate)	99 mg	3%
L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	800 mcg	200%	Choline Citrate	50 mg	*
tamin B12 (as Methylcobalamin)	1 mg	8,333%	R-Lipoic Acid (as Sodium R-Lipoic Acid)†	5 mg	*
otin	600 mcg	200%	Boron (as Bororganic™ Glycine)	3 mg	*
intothenic Acid (as Calcium Pantothenate)	20 mg	200%	Vanadium (as Vanadium Nicotinate Glycinate Chelate)	100 mcg	*
on (as Iron (II) Bisglycinate)	45 mg	250%	Lutein (from Aztec Marigold extract (flower) (Tagetes erecta)	72 mcg	*
dine (as Potassium Iodide)	150 mcg	100%		mog	
			*Daily Value (DV) not established.		



TMN103 LTMN10303

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide. Suggested Use: Take 3 capsules daily or as recommended by a health-care practitioner.

If pregnant, consult your health-care practitioner before using this product. Store tightly sealed in a cool, dry place,

†This product uses GeroNova Research's Bio-Enhanced® R-Lipoic Acid. Bio-Enhanced is a registered trademark of GeroNova Research, Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Certification of Conformity of the child-proof closure with the Poison Prevention Packaging Act is available at www.thorne.com/iron_certification.html

Manufactured For: Thorne Research, Inc., P.O. Box 25, Dover Idaho 83825 USA 1-800-228-1966 www.thorne.com