

USAGE: Take 3 capsules per day, (2 capsules in the morning and 1 in the evening) with or without meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

MagMind® (Magnesium L-Threonate, or Magtein®) is the only form of magnesium that has been shown, by promising research, to readily cross the blood-brain barrier and provide significant positive effects on cognition, memory and brain health.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS

Magnesium L-Threonate (Magtein®)

MagMind®

Supports Cognition*
and Brain Health*

90 DIETARY
CAPSULES SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount Per Serving % DV

Magnesium (elemental) (from 2000 mg Magtein®)	144 mg	35%
Magnesium L-Threonate		

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place. DO NOT refrigerate.

Magtein® is a registered trademark of Magceutics, Inc. Multiple Patents Pending.



Distributed Exclusively by:

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Superior Nutrition and Formulation™

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