

Manufactured in the USA for:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440



This product does not contain yeast, wheat gluten, soy protein, milk/dairy, corn, sugar, starch, artificial coloring, artificial preservatives or artificial flavoring.

**Suggested Usage:** As a dietary supplement, adults take 1 Tablespoon daily or as directed by your healthcare professional.

Shake well prior to dispensing.  
**REFRIGERATE AFTER OPENING**  
**DO NOT GIVE TO PETS**

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store unopened bottle in a cool, dry place. (59°-77°F/15°-25°C)(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #57414

# Vegetarian Liquid Omega-3

Delicious Pomegranate/Blueberry Flavor  
With Organic Flaxseed Oil, Pure  
Borage Oil and Plant-Based DHA

A Dietary Supplement

## Supplement Facts

Serving Size 1 Tbsp (15ml) • Serving Per Container 30

Amount Per Serving	%DV
Calories .....	70
Calories from Fat .....	50
Total Fat .....	5 g 8%*
Saturated Fat .....	0.5 g 2%*
Trans Fat .....	0 g †
Polyunsaturated Fat .....	3.5 g †
Monounsaturated Fat .....	1 g †
Cholesterol .....	0 mg 0%*
Sodium .....	0 mg 0%*
Total Carbohydrate .....	5 g 2%*
Sugars .....	0 g †
Xylitol .....	3 g †
Omega-3 Polyunsaturated Fat	
Alpha-Linolenic Acid (LNA) .....	1,490 mg †
Docosahexaenoic Acid (DHA) .....	130 mg †
Eicosapentaenoic Acid (EPA) .....	4 mg †
Omega 6 Polyunsaturated Fat	
Linoleic Acid .....	1,370 mg †
Gamma Linolenic Acid .....	510 mg †
Omega-9 Monounsaturated Fat	
Oleic Acid .....	890 mg †

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Ingredients: Vegetarian Oil Blend (organic flaxseed oil, borage oil, DHA algal oil), water, xylitol, glycerine, gum arabic, natural flavors, vegetable juice (for color), citric acid, xanthan gum, guar gum, sorbic acid and ascorbyl palmitate.



**DOUGLAS**  
LABORATORIES®

Net WT.16 Ounces (454 g)